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# **Uveitis: diagnostic work-up. A literature review and recommendations from an expert committee**

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Strategy

## **Abstract**

**Purpose:** Diagnosis of uveitis is difficult. Etiologic investigations should take into account the epidemiology of uveitis and should focus on the most severe forms of the disease and those which can be treated. This study was undertaken to establish recommendations for the diagnosis of uveitis.

**Methods:** Recommendations were developed by a multidisciplinary panel of 14 experts, including internists, ophthalmologists, and rheumatologists, and are based on a review of the literature and the results of the ULISSE study, which was the first prospective study to assess the efficacy of a standardized strategy for the etiologic diagnosis of uveitis. The following groups of patients are not included in these recommendations: children, immunocompromised patients, patients with severe retinal vasculitis, and those with specific eye diseases diagnosed by ophthalmologic examination only.

**Results:** Diagnosis should be guided by the medical history of the patient and physical examination. Serologic screening for syphilis is appropriate in all forms of uveitis. If uveitis is not diagnosed at this stage, investigations oriented by the anatomic characteristics of uveitis are proposed. These consist of assays for HLA-B27 (in unilateral acute anterior non-granulomatous uveitis), serum angiotensin-converting enzyme, interferon-gamma release, chest computed tomography (chronic uveitis), cerebral magnetic resonance imaging and anterior chamber tap with interleukin-10 analysis (intermediate or posterior uveitis in patients >40 years-old). Other investigations prescribed in the absence of orientation are usually unhelpful.

**Conclusions:** A strategy is proposed for the etiologic diagnosis of uveitis. The benefit of more invasive investigations remains to be determined.

## **Highlights**

- Etiologic diagnosis of uveitis should be guided by anatomic localization
- Syphilis serology is useful in all types of uveitis
- HLA-B27 typing is helpful in acute anterior non-granulomatous uveitis
- Measurement of ACE, IFN- $\gamma$  release, and chest CT scans are useful in chronic uveitis
- Cerebral MRI and ACT with IL-10 analysis help in intermediate or posterior uveitis

## **Abbreviations**

ACE: angiotensin-converting enzyme

ACT: anterior chamber tap

BAL: bronchoalveolar lavage

BMSG: biopsy of the minor salivary gland

CNS: central nervous system

CSF: cerebrospinal fluid

CRP: C-reactive protein

CT: computed tomography

ESR: erythrocyte sedimentation rate

FDG-PET-TDM: fluorodeoxyglucose positron emission tomography tomodensitometry

GWC: Goldman-Witmer coefficient

IGRA: interferon-gamma release assay

IL: interleukin

MRI: magnetic resonance imaging

MS: multiple sclerosis

NPV: negative predictive value

PC: platelet count

PCR: polymerase chain reaction

PIOL: primary intraocular lymphoma

POCL: primary ocular-cerebral lymphoma

PPV: positive predictive value

TST: tuberculin skin test

WB: Western blot

## 1. Introduction

Uveitis is defined as inflammation of the iris, ciliary body, vitreous, retina or choroid. Fundamental studies have shown genetic predispositions, T and B cell involvement, cytokines and chemokines signatures and signaling pathway as well as environmental influences in uveitis [1,2]. Its incidence is 17-52/100 000 person-years and the prevalence is 38-284/100 000 persons [3–5]. A study of medical insurance claims for 4 million individuals in the USA reported a prevalence of 133/100 000 persons, including a predominance of non-infectious uveitis (90.7%) and anterior uveitis (80%) [6] .

Uveitis is the cause of 5% of cases of legal blindness (central visual acuity of 1/10 or less in the better eye ), mainly due to macular edema, ocular hypertonia, or retinal ischemia [7].

Around 60 causes of uveitis have been described and these can be classified into five groups (Table 1). The casual epidemiology varies depending on genetic and ethnic factors (e.g. HLA-B27 and sarcoidosis), environmental factors (e.g. tuberculosis), the definition of the disease (e.g. sarcoidosis), the inclusion of certain ophthalmologic entities in the idiopathic uveitis group (e.g. pars planitis), the paraclinical investigations carried out (e.g. nuclear imaging) and the method of recruitment of patients (e.g. tertiary centers). This explains the great heterogeneity in studies reported in the literature. The main etiologies reported are Vogt-Koyanagi-Harada disease and sarcoidosis in Japan [8,9], herpes virus in Tunisia [8], tuberculosis in India [10], and toxoplasmosis in South America [11,12]. In Western countries, approximately one-quarter of cases are linked to ophthalmologic disease, one-quarter to systemic disease fulfilling consensual diagnostic criteria, one-quarter to presumed systemic disease, and one-quarter have an unexplained origin [13]. Uveitis of unexplained origin, also known as idiopathic uveitis, represents 23-44% of cases according to recent studies from the West and Japan [9,14–23].

Knowledge of the epidemiology of uveitis is important since the diagnostic work-up should be oriented towards investigations for common diseases or diseases whose diagnosis may have therapeutic consequences.

Since 2005, uveitis has been classified anatomically according to the part of the eye affected (Figure 1), and the rate of onset and course of the disease [24]. Uveitis is 'limited' if it lasts for <3 months and 'persistent' if it is present for >3 months, and its onset may be sudden or insidious. The term acute uveitis is reserved for uveitis which occurs suddenly with a limited course (e.g. anterior uveitis associated with histocompatibility antigen (HLA)-B27). Recurrent uveitis is defined as episodes of uveitis separated by periods of remission of >3 months without treatment. Finally, uveitis is considered to be chronic if it persists for >3 months or reoccurs <3 months after stopping treatment. The etiologic distribution is directly linked to these factors.

Other ophthalmologic characteristics also orient the diagnosis such as the side affected, granulomatous character, existence of ocular hypertonia, synechia, retinal vasculitis (venous and/or arterial, occlusive) [25], single or multiple retinochoroidal lesions. Table 2 shows the main etiologies according to the anatomic site and semiology.

Currently, the few studies that have evaluated the value of complementary investigations in the etiologic diagnosis of uveitis have focused on one or more investigations for a specific uveitis type. The recommendations for diagnosis are mainly derived from experience and retrospective studies. When faced with similar clinical scenarios, experts have proposed a variety of complementary investigations [26]. The ULISSE study (Uvéites: évaluation cLInique et médico-économique d'une Stratégie Standardisée pour le diagnostic Etiologique) is the only controlled study to compare a 'standardized' 3-step approach (oriented assessment: investigations determined according to the ophthalmologic findings,



possibility of prescribing ‘open’ examinations) to an ‘open’ strategy allowing the ophthalmologist to request any type of investigation [27].

In this report, we present the recommendations for the diagnosis of uveitis proposed by a group of experts (ophthalmologists, internists, and rheumatologists) following a review of data in the literature.

## **2. Methods**

A literature review was carried out in May 2017 using the database Medline and the following keywords: ‘uveitis’ and ‘diagnosis, recommendations, conjunctival biopsy, anterior chamber paracentesis (tap), vitreous analysis, vitrectomy, polymerase chain reaction, angiotensin-converting enzyme, lysozyme, tuberculin skin test, interferon-gamma release assay, HLA-B27, HLA-A29, serology, chest X-rays, chest computed tomography, magnetic resonance imaging, minor salivary gland biopsy, bronchoalveolar lavage, lumbar puncture, cerebrospinal fluid, positron emission tomography, sarcoidosis, tuberculosis, intraocular lymphoma’.

## **3. Open strategy versus oriented strategy**

Many authors have proposed a combination of investigations for the diagnosis of uveitis. Kijlstra et al. recommended the following investigations for all types of uveitis: platelet counts (PC), erythrocyte sedimentation rate (ESR), syphilis serology, HLA type, and chest X-rays [28]. Conversely, Rosenbaum and Smith [29] limited the paraclinical investigations for all types of uveitis to chest X-rays, and syphilis serology. Investigations for chronic uveitis by McClustey et al. consisted of chest X-rays, syphilis serology, and measurement of angiotensin-converting enzyme (ACE) [30]. Selmi recommended a more extensive assessment including immunologic tests (rheumatoid factor, anti-cyclic citrullinated peptide

antibodies, anti-neutrophil cytoplasmic antibodies), and investigations for toxoplasma and herpes infection [31].

Harper et al. proposed carrying out tests which were determined by the anatomic type of uveitis [32]. These consisted of: (i) PC, ESR, syphilis serology, and HLA type - for a second episode of acute anterior uveitis; (ii) chest X-ray, measurement of ACE and lysozyme - for granulomatous uveitis; (iii) serology (syphilis, Lyme disease, bartonellosis, toxocariasis), measurement of ACE, and cerebral MRI - for intermediate uveitis; and (iv) PC, ESR, and toxoplasma serology - for pan-uveitis or posterior uveitis.

More recently, Jabs and Busingye [33] proposed that complementary investigations should be guided by the pre-test probability of etiology, the ophthalmologic signs and symptoms, and the therapeutic consequences. Only syphilis serology was recommended for all types of uveitis. The other investigations were targeted at detecting curable infectious or inflammatory etiologies likely to affect the state of health of the patient: Lyme serology (endemic area), tuberculin skin test (TST) and/or interferon-gamma (IFN- $\gamma$ ) release assay (IGRA), IFN- $\gamma$  production by T-lymphocytes in the presence of *Mycobacteria tuberculosis*-specific antigens (Eales disease, choroidal granuloma, or serpiginoid choroiditis), HLA-B27 (acute anterior non-granulomatous uveitis), chest X-ray, and liver assays (for the detection of sarcoidosis).

#### **4. Diagnostic value of complementary examinations**

Complementary examinations should be carried out to complete the ophthalmologic and physical picture. Intraocular specimens (aqueous humor, vitreous fluid) and extra-ophthalmologic examinations can be separated. The latter are particularly useful for the diagnosis of infections due to intracellular bacteria, systemic and neurologic diseases, and primary ocular-cerebral lymphoma (POCL).

#### **4.1. Intraocular specimens**

Intraocular specimens can provide diagnostic proof of the infectious or cancerous origin of uveitis [34,35]. Depending on the type of uveitis and the presumptive diagnosis, different specimens are proposed: conjunctival biopsy, anterior chamber tap (ACT), or retinochoroidal biopsy.

##### **4.1.1. Conjunctival biopsy**

Examination of the conjunctiva is an important step in the diagnosis of uveitis. In sarcoidosis, clinical involvement of the conjunctiva is observed in 7-17% of cases with ocular involvement [36,37], in the form of small, yellowish, translucent, sub-conjunctival nodules. The sensitivity of conjunctival biopsy for the diagnosis of sarcoidosis is estimated to be 54% in the sarcoidosis population who lack abnormal eye findings [38]. The rate of positivity of conjunctival biopsy in sarcoidosis patients, with or without ocular involvement, varies from 27-55% [39,40]. Conjunctival nodules are more frequent in patients with sarcoidosis who are under 35-years of age [41].

##### **4.1.2 Anterior chamber tap (ACT)**

Depending on the clinical picture, ACT specimens will be sent to different laboratories for virological (PCR for herpes virus (HSV1-2, CMV, EBV, VZV) and rubella virus), bacteriological (blood culture, universal pan-bacterial PCR (16s RNA), mycological and parasitological (detection of fungal or *Toxoplasma gondii* antibodies and PCR), and biochemical (measurement of interleukins (IL)-10 and -6) analyses.

Harper et al. evaluated the usefulness of PCR (herpes virus, toxoplasmosis, and human T-cell lymphotropic virus 1) on aqueous humor specimens from 133 patients with

chorioretinitis of suspected infectious origin. The sensitivity and specificity of PCR were 82% and 100%, respectively, with 0% false positives and 14% false negatives [42]. Chronopoulos et al. recently reported a positivity rate of 50% for pathogen-related PCR in 45 patients with suspected infectious uveitis [43]. In patients with anterior uveitis, 53% had positive viral PCR. In patients with posterior uveitis, 25% were PCR-positive for *Toxoplasma* and 20% were viral PCR-positive. According to two studies [43,44], analyses carried out on aqueous humor resulted in changes to the therapeutic management in 13-38% of patients. This percentage was dependent on the criteria used for the selection of patients.

In herpes uveitis, there is no consensus on the superiority of the Goldmann-Witmer coefficient (GWC) (47-85%) [45] over PCR (90%) [46]. For toxoplasmosis or toxocariasis, the test is usually carried out on aqueous humor with calculation of the GWC and/or Western blot (WB) for the detection of intraocular production of specific antibodies. A ratio of >3 is strongly suggestive of local production of anti-*T. gondii* antibodies indicating an intraocular infection [47]. The sensitivity of this method for the diagnosis of toxoplasmosis is estimated to be 70-80% and its specificity almost 100% [48][49]. The sensitivity of PCR for the detection of *T. gondii* DNA ranges from 31-46% [49–51]. Combination of the three techniques (GWC + WB + PCR) results in a sensitivity of 97% [49].

The sensitivity of PCR for the detection of *M. tuberculosis* varies from 33-77% [45,[52][53] depending on the type of uveitis: 33% for retinal vasculitis [54], 66% for granulomatous pan-uveitis [54], 54% for multifocal serpiginoid choroiditis [55], and 57% for retinochoroidal lesions of suspected tuberculous origin [56].

In 1321 patients with anterior, intermediate, posterior, or pan-uveitis [57], universal 16s RNA PCR was positive for *Bartonella* (n=3; 0.2%), *Coxiella* (n=3; 0.2%) and *T. whipplei* (n=10; 0.7%). The use of universal PCR or specific PCR (expensive) should therefore be discussed as second-line.

In the case of suspected vitreoretinal lymphoma or primary intraocular lymphoma (PIOL), the concentrations of IL-10 and -6 can be estimated by ELISA in aqueous humor and vitreous fluid. High levels of IL-10 and an IL-10/IL-6 ratio of >1 are indicative of PIOL [58–60]. An IL-10 concentration between 50 and 150 pg/ml in aqueous humor is strongly suggestive of PIOL [58,61]. The cytokine profile is identical in PIOL and POCL [62]. Conversely, cytokine levels are only slightly raised in T-cell lymphoma [63]. Similarly, no aqueous humor test is useful for the diagnosis of uveal lymphoma, which is not associated with an increase in intraocular cytokines.

#### **4.1.3 Diagnostic vitrectomy**

This is the reference technique for the diagnosis of intraocular lymphoma [64]. The diagnostic sensitivity of this test in PIOL ranges from 31-95% [65–67]. Immunophenotyping by flux cytometry is a useful diagnostic method and complements cytological analysis. The majority of PIOLs are monoclonal B-cell lymphomas expressing CD19, CD20 and CD22, and kappa and gamma light chain immunoglobulins [68]. Germinal center markers such as BCL6 or CD10 may also be useful [69]. In the literature, immunolabeling for CD22 and CD20 had a sensitivity of 50% and 33%, respectively, and a specificity of 94% and 89% [70]. The identification of lymphoma cells in cerebrospinal fluid (CSF) or in vitreous fluid from a patient with MRI signs of cerebral lymphoma may help to avoid stereotaxic cerebral biopsy [71].

Study of the rearrangement of immunoglobulin light chains by PCR is the most sensitive marker of monoclonality (64-80%) [72,73].

Measurement of cytokine levels in pure or dilute vitreous fluid may orientate the diagnosis towards PIOL. The cut-off value for IL-10 positivity between 150 and 400 pg/ ml in undiluted vitreous fluid is associated with a sensitivity of 80% and a specificity of 99% [58].

In diluted vitreous fluid, an IL-10 cut-off value of 50 pg/ml was associated with a sensitivity of 89% and specificity of 93%. An IL-10/IL-6 ratio of  $>1$  in patients with suspected PIOL is associated with a sensitivity of 74-93% and specificity of 75-100% [72,74,75][71,73,74][60,72,74,75]. The positive predictive value (PPV) is estimated to be 100% and the negative predictive value (NPV) 71% [74].

Microbiologic analysis of vitreous fluid by PCR is also useful for the diagnosis of infectious uveitis, with a sensitivity and specificity of 78% and 93%, respectively. Combination of PCR analyses on aqueous humor and vitreous fluid has a sensitivity and specificity of 81% and 97%, respectively, and is highest in immunosuppressed patients [42]. The diagnosis of Whipple's disease can be carried out by specific PCR as well as by cytological analysis of vitreous fluid by PCR [76].

#### **4.1.4 Retinochoroidal biopsy**

Transvitreal retinochoroidal biopsy can be used if previous methods have failed to diagnose PIOL [77,78]. Trans-scleral biopsy is proposed as a last resort. In addition to diagnosing PIOL, biopsy can help to correct a diagnosis of infectious origin (toxoplasmosis, tuberculosis...), non-hematologic malignancies (melanoma, carcinoma), or other lymphoid hemopathies (MALT lymphoma, lymphoblastic lymphoma) [79–82].

### **4.2. Complementary blood investigations**

#### **4.2.1 Standard biologic assessment**

Le Scanff et al. [83] carried out a standard biologic assessment in 80% of patients with uveitis of unexplained origin, but blood ionogram, phosphocalcium assays, liver assays, and coagulation tests were rarely useful for diagnosis. In contrast, raised C-reactive protein (CRP) and ESR contributed to the etiologic diagnosis in 10% and 4% of cases, respectively. These

results were confirmed by Bouillet et al. [84]. Lymphopenia ( $<1$  Giga/l) was predictive of a diagnosis of sarcoidosis in 31% of patients [85].

#### **4.2.2 ACE and lysozyme**

Increased ACE levels and lysozyme are useful for the presumptive diagnosis of sarcoid uveitis. According to different studies, the sensitivity varies from 58-84% for ACE and 60-78% for lysozyme, and the specificity from 83-95% for ACE and 76-95% for lysozyme [86]. ACE has a lower specificity in younger patients, while treatment with an ACE inhibitor makes this test uninterpretable. Lysozyme may be raised, particularly in infectious uveitis [87]. Studies have demonstrated the interest of combining ACE and serum lysozyme assays with chest X-rays or thoracic scans for the diagnosis of sarcoid uveitis [88,89]. An elevation of these serum markers and/or the presence of mediastinal adenopathy was observed in all patients with histologically-proven sarcoidosis [88]. In comparison with ACE, Gundlach et al. recently reported better sensitivity (98% vs. 22%) and similar specificity (94% vs. 99.5%) of measuring serum levels of soluble IL-2 receptor, which is a marker of T-lymphocyte activation, for the diagnosis of ocular sarcoidosis [90]. In many countries, this test is not part of the biologic assessment.

Following a retrospective study involving 300 patients with uveitis, Hadjadj recently showed that the existence of a 'string of pearls', multifocal choroiditis, lymphopenia, and/or raised ACE were associated with a diagnosis of ocular sarcoidosis (defined by the International Workshop on Ocular Sarcoidosis [91]), depending on the presence of these parameters: 4% of cases (0 parameter), 12% of cases (1 parameter), 57% of cases (2 parameters) and 100% of cases (3 parameters) [92].

#### **4.2.3 Tuberculin skin test (TST) and IGRA tests (IFN- $\gamma$ release assay)**

A diagnosis of proven tuberculous uveitis, established by demonstrating the presence of *M. tuberculosis* in the eye (culture, PCR, or biopsy), is rarely obtained in low endemic prevalence countries. In the absence of direct proof, the diagnosis is presumptive and is established *à posteriori* based on a combination of clinical, radiologic, and biologic arguments, the exclusion of differential diagnoses and the response to anti-tubercular treatment [93]. The diagnosis relies on: (i) pulmonary imaging, which is significantly different depending on the epidemiologic characteristics of the region studied. In high endemic areas for tuberculosis, chest X-rays are frequently abnormal (76% of cases [94]). In contrast, radiologic abnormalities are rarely observed in low endemic prevalence areas (14% [95]); (ii) TST has a role to play in countries where BCG vaccination is not practiced, with a sensitivity and specificity for the diagnosis of tuberculous uveitis of 92-95% and 72-90%, respectively [79,81]. Conversely, anergy orients the diagnosis towards sarcoidosis; (iii) IGRA tests, of which several are available (Quantiferon TB-Gold®, Quantiferon TB gold-in tube®, Quantiplus® and Elispot®), have been evaluated in comparison with TST in many studies. It has been proposed that they are used in combination with TST: the NPV of IGRA + TST varies from 79-84% [96,97]. A recent study has shown that this strategy is the most effective in terms of cost-efficacy in comparison to the use of these tests alone or successively [98]. The discordance observed between IGRA and TST varies from 25% [98] to 49% [97]. Serpiginoid choroiditis and retinal vasculitis are most frequently associated with a positive IGRA test [94][99]. The proportion of positive IGRA tests, among the patients seen for the etiologic assessment of uveitis in a low endemic prevalence area is significantly higher than in the general population and is estimated at 23% [99] to 45% [100]. This high proportion of positive tests suggests an underestimation of tuberculous uveitis or the existence of a much larger proportion of false positives in this population [99,101]. A frequent situation, which



should lead to caution, concerns patients with a history of treated tuberculosis and whose positivity in the IGRA test may confuse the etiologic orientation [100,102]

For the Quantiferon tests, a cut-off value of 1 IU/ml appears to be the most discriminating for the diagnosis of tuberculous uveitis [100,103].

In low endemic prevalence areas for tuberculosis, many retrospective studies and a case-control study evaluating Elispot (T-SPOT.TB) have demonstrated a sensitivity in the order of 80-94% and a specificity of 85% for the diagnosis of tuberculous uveitis [104]. In view of its better specificity, we propose carrying out an Elispot test in patients who are TST positive [105]. Given the absence of effect of the TST on Elispot test positivity, the latter test is only performed if the TST is positive (this avoids having to proceed further down the tuberculosis assessment in patients who are TST positive and Elispot negative (approximately 30% of patients who are TST positive) [105].

### **4.3 Immunologic investigations**

A review of the literature has shown that the prevalence of lupus is 0.47% in patients with uveitis and the PPV of antinuclear antibodies for the diagnosis is <3% [106]. Other studies have confirmed that immunologic investigations are rarely useful for the etiologic diagnosis of uveitis [83,84].

#### **4.3.1 Serology**

Few studies have evaluated the usefulness of serology in uveitis without diagnostic orientation. Le Scanff et al. [83] reported that viral, bacterial and parasitic serology never contributed to the etiologic diagnosis of uveitis. There was no value in performing serology for Lyme disease systematically during uveitis (3-8% seropositive, and low predictive value: 0-1% of diagnoses retained in all populations studied, often in corticoreistant uveitis) [107].

In our study, including 430 cases of uveitis, serology was positive in 34 cases (7.9%), which is similar to the prevalence in the general population in France [108]. Finally, the diagnosis of Lyme disease-associated uveitis was retained in seven patients, in the absence of another etiology and after a response to antibiotherapy. In 5/7 cases, there were extra-ophthalmologic signs and symptoms and in all cases, corticoresistance.

In their serologic study, Drancourt et al. reported a prevalence of infection with slow growing organisms of 6% among 1321 patients with anterior (46%), intermediate (22%), posterior (21%), or pan-uveitis (6%)[57]. Serology was considered contributive for *Bartonella* (1.4%), *Borrelia burgdorferi* (0.8%), *Chlamydia trachomatis* (0.8%), *Coxiella burnetii* (0.7%), *Leptospira* (0.15%), and *Rickettsia* (0.6%).

#### **4.3.2 HLA type**

Only the determination of HLA-B27 is of interest for the diagnosis of acute anterior non-granulomatous uveitis in which this histocompatibility antigen is found in 50% of cases. Between 8 and 10% of Caucasians carry the HLA-B27 antigen [110,111]. A diagnosis of spondyloarthritis was established in 21-40% of patients who presented with acute anterior uveitis [112,113]. This examination should not be proposed in patients with intermediate or posterior uveitis [114]. During anterior uveitis, the presence of insidious spinal pain, usually inflammatory, should lead to the determination of HLA-B27 status and a radiologic examination: radiography, or MRI of the spine and sacroiliac joints [115]. MRI can demonstrate active inflammatory lesions (subchondral edema) and structural changes (bone erosions, sclerosis, fat infiltration) [116]. In two cohorts of 101 and 72 patients, Haroon et al. evaluated the interest of a diagnostic algorithm (DUET; Dublin Uveitis Evaluation Tool) to determine which patient, presenting with acute anterior uveitis, should be referred to a rheumatologist [112]. According to this algorithm, patients were referred to a rheumatologist

if they were <45 years-old with spinal pain developing for >3 months, or arthralgia, if they: (i) were carriers of HLA-B27; or (ii) had psoriasis. The sensitivity of the algorithm for the diagnosis of spondyloarthritis was 96%, and the specificity 97%, while the positive and negative likelihood ratios were 41.5 and 0.03, respectively.

## **5. Radiologic examinations**

Sinus radiography, orthopantomograms, and imaging of the spine and sacroiliac joint are not useful in the absence of a clinically identified cause [83]. A recent study established the value of chest radiography for the etiologic diagnosis of uveitis: 15% patients had an abnormal examination [117]. The sensitivity and specificity were 64% and 91%, respectively, for the diagnosis of histologically-proven sarcoidosis, while one patient had active tuberculosis.

### **5.1 Thoracic scans**

The sensitivity of standard radiography for histologically-proven pulmonary sarcoidosis varies from 41-69% compared to a sensitivity of 91-100% for thoracic scans [88,89,118,119]. Thoracic scans are particularly useful in patients >50 or 60 years-old where conventional radiography is negative in half of cases [88,119,120]. Thoracic scans are considered evocative of sarcoidosis if they demonstrate bilateral hilar and/or mediastinal adenopathy, defined by a diameter along the small axis of >1 cm, pulmonary micronodules with a perilymphatic distribution, or other parenchymatous anomalies [121]. The existence of lymphopenia, raised ACE, 'chains of pearls', or multifocal choroiditis (at the back of the eye) is associated with these observations [92]. Thoracic scans can also reveal the sequelae of pulmonary tuberculosis in the form of scarring of the lung apex, pleural/parenchymatous calcifications, or unilateral calcified hilar adenopathy [122,123]. In a retrospective study of 300 patients, 6% had signs that were suggestive of latent tuberculosis on thoracic scans [92]. In another

prospective series of 108 patients evaluated with the IGRA Elispot test [105], thoracic scans suggested acute or previous tuberculosis in only 3% of patients suspected to have ocular tuberculosis.

## **5.2 Cerebral MRI**

Few studies have evaluated the value of systematic cerebral MRI [92,124] . Hadjadj et al. reported that only 3/15 patients who had an abnormal cerebral MRI among 168 patients undergoing this investigation presented with neurologic signs [92]. Several studies have shown a prevalence of multiple sclerosis (MS) ranging from 7-30% in patients with intermediate uveitis, which led to authors to propose systematic cerebral MRI in these patients [32]. In our experience, the majority of patients who presented with uveitis and a demyelinating disease of the central nervous system (CNS) had a familial or personal history, or evocative neurologic signs [125]. For Petrushkin et al. this examination should not be proposed in the absence of a history or clinical signs suggestive of MS, in the absence of prognostic or therapeutic consequences [126]. However, these same authors recommended carrying out cerebral MRI before requesting tests for monoclonal anti-TNF $\alpha$  antibodies, in view of the risk of aggravation of a demyelinating disease [127]. For the same reasons, Wafefield et al. recommended carrying out cerebral MRI before anti-TNF $\alpha$  and anti-IL6 assays in patients with intermediate uveitis [128]. Cerebral MRI is generally proposed in the presence of neurologic signs suggestive of CNS involvement [129], suspected PIOL (with T1 sequences before and after injection of contrast material), or bilateral papillary edema (e.g. the search for cerebral thrombophlebitis during Behçet's disease). Medullary MRI should be carried out if MS is suspected and if there are signs of neurologic involvement (Lhermitte's sign, indolent intermittent claudication).

## **6. Invasive investigations**

### **6.1 Biopsy of the minor salivary gland (BMSG)**

Two studies have recently reported the interest of BMSG for the histologic diagnosis of sarcoidosis in uveitis patients [130,131]. The positivity rate was 5.2 and 3%, respectively, in these two studies. The sensitivity of BMSG in patients with proven sarcoidosis was 18 and 41%, respectively. However, its positivity did not exclude tuberculosis [132].

### **6.2 Bronchial fibroscopy and bronchoalveolar lavage (BAL)**

Several studies have reported the interest of BAL for the diagnosis of sarcoid uveitis [133]. BAL is considered to contribute when there is alveolar lymphocytosis >15% with predominant CD4 cells (ratio CD4/CD8 of >3.5). The sensitivity of BAL was 63% in patients with uveitis during the course of histologically-proven sarcoidosis and the specificity was 75% [118]. Lymphocytic alveolitis with predominant CD4 cells was demonstrated in the absence of radiologic abnormalities [92,133], but bronchial biopsy was never positive in this situation.

The sensitivity of bronchial biopsy varies from 42-61% for radiologic stage 0 and 43-84% for stage I [134–136]. Echo-guided endobronchial or endo-esophageal fine-needle aspiration of the mediastinum may help to postpone mediastinoscopy [86]. These methods, which are generally well tolerated, result in a diagnostic gain of 22.5-41.4% in patients with suspected sarcoidosis compared to conventional bronchial biopsies.

### **6.3 Lumbar puncture**

No study has evaluated the interest of analyzing CSF. Intrathecal production of immunoglobulins can be demonstrated in patients with intermediate idiopathic uveitis in the absence of inflammatory signs on cerebral or medullar MRI [137]. Hadjadj et al. reported

abnormal CSF in 14% of 132 patients in whom this examination was carried out without describing the indications for or diagnostic contribution of this examination [92]. Only an abnormal MRI was associated with positivity of this examination, considered as contributive to the diagnosis of MS (n=5), sarcoidosis (n=4), Behçet disease (n=2), Vogt-Koyanagi-Harada disease (n=2), and lymphoma (n=1).

#### **6.4. Positron-emission tomography (PET)**

In patients with unexplained uveitis or uveitis of sarcoid appearance, <sup>18</sup>fluorodeoxyglucose PET tomodensitometry (<sup>18</sup>FDG-PET-TDM) can reveal labeling suggestive of sarcoidosis (in particular lymph nodes) and guide biopsies. In a monocenter study of 54 patients with chronic uveitis suggestive of sarcoidosis, 31% of patients had labeling of the mediastinal lymph nodes, compatible with sarcoidosis, among whom 60% had normal thoracic scans [138]. The value of this test was higher in older patients (>56 years-old), in patients with posterior synechia and mediastinal adenopathy on the scans. The value of fine-needle mediastinal aspiration in patients with lymph node labeling on <sup>18</sup>FDG-PET-TDM was not demonstrated.

### **7. Proposed diagnostic work-up**

Only a few retrospective studies, mainly carried out on a small number of patients, have evaluated the usefulness of complementary investigations in the etiologic diagnosis of uveitis. Hadjadj et al. recently reported that complementary investigations were useful for the diagnosis of ocular sarcoidosis, in a selected population of 300 patients [92]. The ULISSE study is the first prospective study to evaluate this diagnostic approach (Figure 2) [27]. The first step in this study consisted of minimal assessment and investigations oriented according to clinical data. In the absence of factors orienting the diagnosis or a diagnosis following this step, complementary tests determined according to anatomic type of uveitis are proposed.

This standardized strategy is drawn from the diagnostic strategy proposed by Harper in 2002 [32] and takes into account the conclusions of more recent studies and the advice of experts, who, for example, suggest an underestimation of sarcoidosis cases [86]. According to these investigations and in the absence of a diagnosis, ‘open’ investigations may be prescribed. A total of 903 patients were included and randomized in the ULISSE study [27]. After exclusion of patients who withdrew from the study and major deviations from the study protocol, 676 patients were analyzed: 303 in the standardized strategy arm and 373 in the open strategy arm. There were significantly more women and more cases of acute anterior uveitis in the standardized strategy arm while posterior uveitis was more frequent in the open arm. There was no significant difference in the proportion of diagnoses obtained in the two arms (49.5% for the standardized strategy versus 54.4% for the open strategy), whereas approximately half as many complementary investigations were carried out in the standardized arm. In the standardized group, 97% of diagnoses were established following the first diagnostic step oriented according to clinical data (75.7%) or simple paraclinical investigations according to the anatomic type of uveitis (21.3%). Invasive complementary examinations (lumbar puncture, bronchial fibroscopy) proposed for chronic uveitis with involvement of the posterior segment or granulomatous uveitis were rarely carried out, due to the small number of patients concerned and the reticence of clinicians.

We recommend an etiologic assessment (Figure 2) initially oriented by clinical data, and then according to the anatomic characteristics of uveitis (Table 2), inspired by the strategy proposed in the ULISSE study. The following cases are excluded from these recommendations: pediatric uveitis, immunosuppressed patients [139], severe retinal vasculitis and ophthalmologic conditions whose diagnosis depends on an ophthalmologic examination.

The minimal first-line assessment has a low predictive value (close to 10%) (data submitted for publication) but is simple to carry out. Because of the therapeutic consequences, syphilis serology remains the only type of serologic test to carry out in a patient with uveitis, irrespective of the anatomic type. *Toxoplasma* serology is useful in cases where there is a chorioretinal focus and HSV, VZV and CMV serology are useful in the management of anterior or retinal uveitis, before ocular specimens are taken, due to their high NPV [140].

The frequency of presumed ocular tuberculosis (>5% of uveitis cases) in several European studies [14,16,27] justifies including *in vitro* tests measuring IFN- $\gamma$  production by T-lymphocytes in patients with chronic uveitis in low endemic prevalence areas.

HLA-A29, present in 98-100% of retinochoroidal diseases [141], has a high NPV. Conversely, its PPV in posterior uveitis is low because it is present in 5-7% of the general population. In our experience, tests for HLA-A29 may help orient the etiologic diagnosis in atypical presentations of the disease and open up the search for differential diagnoses (such as sarcoidosis) if this test is negative.

Cerebral or medullar MRI rarely contributes to the diagnosis of MS in patients whose oral questioning or neurologic examinations do support nervous system involvement. We therefore propose that this examination is reserved for patients >40 years-old with unexplained uveitis, during the search for cerebral lesions suggestive of PIOL. For the same reasons, we propose ACT with measurement of IL-10 in patients with intermediate uveitis.

In terms of patient assessment, other complementary examinations, which are more invasive or expensive, can be proposed in cases of unexplained uveitis if there are factors orienting the diagnosis (Table 4). BMSG is restricted to patients who present with mediastinal hilar adenopathy or raised ACE [130,131]. Lumbar puncture may be of interest in the following situations [92,142]: (i) suspicion of uveomeningitis, in particular Vogt-Koyanagi-Harada disease (cytochemistry) [143]; (ii) bilateral papillary edema (after cerebral imaging);



(iii) suspected MS (tests for intrathecal immunoglobulin production); (iv) suspected PIOL (cytology, immunophenotyping and measurement of IL-6 and IL-10) [75]; (v) syphilitic uveitis with involvement of the posterior segment (cytochemistry and serology); (vi) suspected neuro-Lyme disease (cytochemistry and serology). BAL should be discussed in unexplained uveitis involving the posterior segment to look for lymphocytic alveolitis, which will orientate the diagnosis towards sarcoidosis.

Investigations for antinuclear antibodies should be limited to uveitis in children with suspected idiopathic juvenile arthritis (anterior uveitis, non-granulomatous, synechia, hypertensive, insidious, or white eye) or in cases of peripheral polyarthritis.

## **8. Conclusions**

The diagnostic approach to uveitis should be adapted to epidemiologic data and to the resources of the healthcare system. Ophthalmologic signs and symptoms observed by ophthalmologists and the findings of the clinical examination (anamnesis, physical examination) are crucial. A single prospective study has evaluated the value of a standardized strategy for the diagnosis of uveitis. The ULISSE study showed that the rate of diagnosis was comparable between a standardized strategy and an open strategy, with investigations requested in the absence of orientation of limited usefulness and, conversely, the benefit of simple para examinations.

We propose a diagnostic strategy based on ophthalmologic and clinical examination, and then, in the absence of orientation after this first step, complementary investigations guided by the anatomic type of uveitis. The value of invasive investigations (lumbar puncture, BAL) and/or more complex investigations (MRI and nuclear imaging) remains to be defined in prospective studies. In the future, endocular specimens combining the microbiologic

techniques of multiplex PCR and measurement of cytokine or chemokine levels [144] could orientate the diagnosis in infectious uveitis or uveitis due to inflammatory disease.

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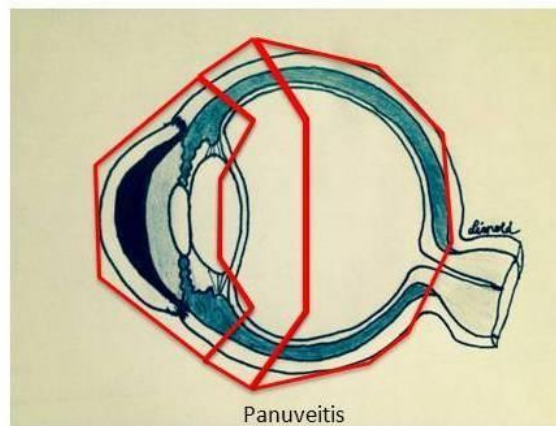
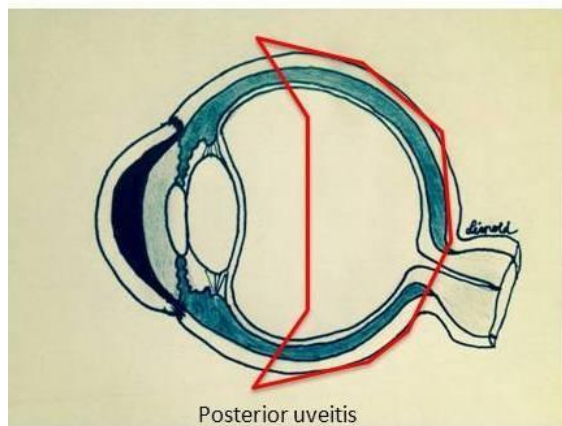
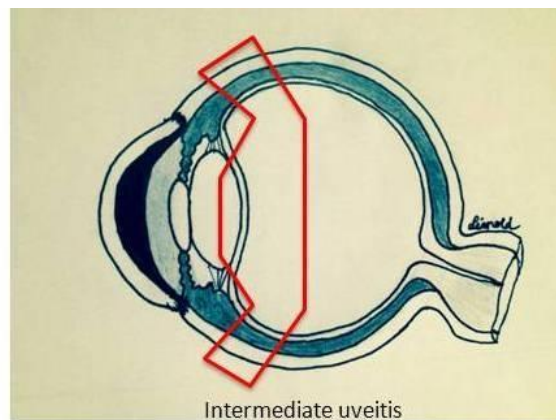
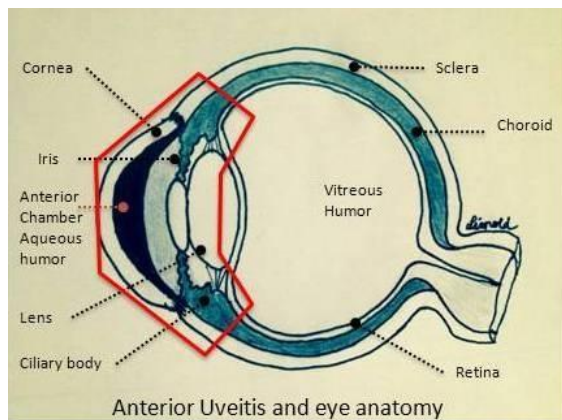
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## **Figure legends**

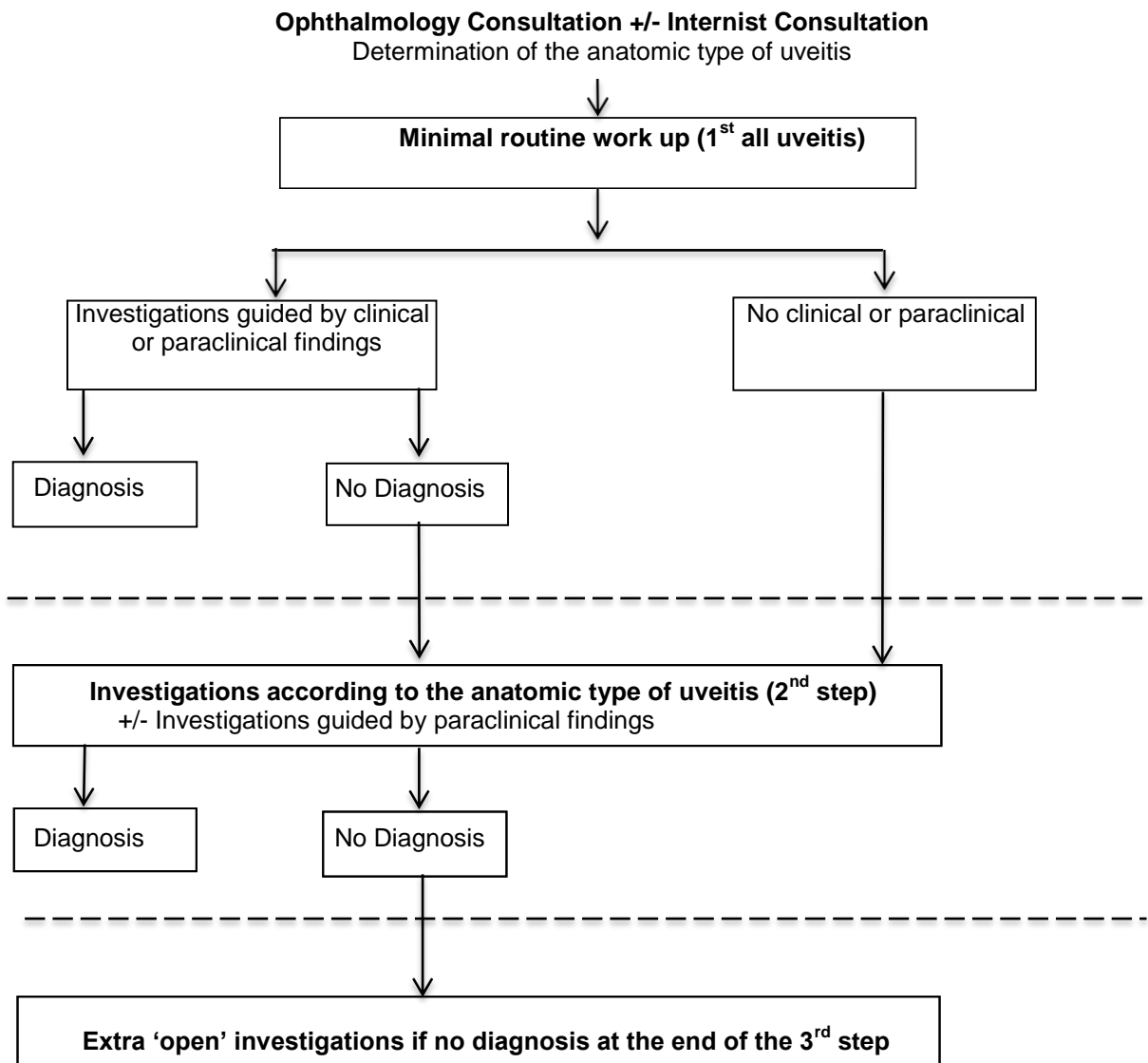
**Figure 1.** Anatomy of the eye and anatomic patterns of uveitis. Anterior uveitis: iritis, iridocyclitis; intermediate uveitis: pars planitis, posterior cyclitis, hyalitis; posterior uveitis: focal or diffuse choroiditis, chorioretinitis, retinochoroiditis, retinitis, neuroretinitis; panuveitis: involvement of all three segments of the eye [145].

**Figure 2.** Strategy for the etiologic diagnosis of uveitis. From [27].

**Figure 1.**



**Figure 2.**



**Table 1. Main causes of uveitis reported in Western studies. The most common causes (>0.5%) are indicated in bold type [14–18,21–23,27].**

<b>Etiology</b>	<b>Specific causes</b>
<b>Infectious diseases</b>	<p><i>Bacterial:</i> <b>syphilis, tuberculosis</b>, Lyme disease, cat-scratch disease, rickettsiosis, leptospirosis, brucellosis, Whipple's disease, chlamydiosis</p> <p><i>Parasitic:</i> <b>toxoplasmosis, toxocariasis</b>, onchocerciasis, cysticercosis</p> <p><i>Viral:</i> <b>herpes virus, CMV</b>, HTLV-1, Dengue, West-Nile virus, Rift valley fever, chikungunya</p> <p><i>Fungal:</i> candidiasis, histoplasmosis, aspergillosis, cryptococcosis</p>
<b>Inflammatory diseases</b>	<p><b>HLA-B27-associated uveitis</b></p> <p><b>Chronic inflammatory bowel disease</b></p> <p><b>Sarcoidosis</b></p> <p><b>Behçet disease</b></p> <p><b>Vogt-Koyanagi-Harada disease</b></p> <p><b>Multiple sclerosis</b></p> <p><b>Juvenile idiopathic arthritis</b></p> <p>Tubulointerstitial nephritis and uveitis (TINU syndrome)</p> <p>Celiac disease</p> <p>Systemic lupus erythematosus, systemic vasculitis</p> <p>Blau syndrome, cryopyrine-associated periodic syndromes</p> <p>Common variable immunodeficiency</p>
<b>Pseudo-uveitis</b>	<p>Trauma, intraocular foreign body</p> <p>Tumors (<b>oculocerebral lymphoma</b>, melanoma, retinoblastoma,</p>

metastases)

**Ophthalmologic  
entities**

**Birdshot chorioretinopathy**

**Multifocal choroiditis**

**Pars planitis**

**Fuchs heterochromic cyclitis**

Phacoantigenic uveitis

Posner-Schlossman syndrome

White dots syndrome (placoid epitheliopathy, serpiginoid  
choroiditis)

Sympathetic ophthalmia

**Drug-induced uveitis**

Rifabutin

Biphosphonates

Anti-tumor necrosis factor- $\alpha$

IFN- $\alpha$  or - $\beta$

BCG therapy

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**Table 2. Etiologic orientation according to the anatomic location of uveitis. The less common causes are indicated in italics [17,23,27,146].**

Anatomic type	Etiologies
Acute unilateral anterior uveitis	HLA-B27-associated uveitis  Uveitis related to herpes virus infection (HSV, VZV, CMV)
Acute bilateral anterior uveitis	Drugs (rifabutin, biphosphonates), infections (poststreptococcal uveitis), <i>Tubulointerstitial nephritis and uveitis (TINU syndrome)</i> , <i>HLA-B27-associated uveitis</i> , <i>Kawasaki disease</i>
Chronic anterior uveitis  *Granulomatous  *Non-granulomatous	Sarcoidosis, <i>tuberculosis</i> , <i>syphilis</i> , <i>herpes virus</i>  As above + spondyloarthritis, juvenile idiopathic arthritis, Behçet, Fuchs heterochromic cyclitis
Intermediate uveitis	Sarcoidosis, multiple sclerosis  Oculocerebral lymphoma (>40 years-old)  <i>Lyme disease</i> , <i>syphilis</i>
Posterior uveitis  *Focal chorioretinitis  *Diffuse choroiditis  *Retinal vasculitis	Toxoplasmosis  Sarcoidosis, Behçet, Birdshot chorioretinopathy, herpes virus, syphilis, tuberculosis, Vogt-Koyanagi-Harada disease  Behçet, sarcoidosis, syphilis, multiple sclerosis
Panuveitis	Sarcoidosis, Behçet  Bacterial, syphilis, herpes virus, toxoplasmosis



Vogt-Koyanagi-Harada disease

**Table 3. Investigations guided by the anatomic type of uveitis.**

Anatomic type of uveitis	Investigations
All types of uveitis	Full blood count  ESR, CRP  Tuberculin skin test  Syphilis serology  Chest X-ray
Acute anterior uveitis (non-granulomatous)	HLA-B27  Sacroiliac imaging if insidious back pain
Unexplained acute anterior granulomatous uveitis	Anterior chamber tap (PCR herpes) after  HSV, VZV and CMV serology
Chronic uveitis	ACE  IGRA  Chest CT scan
* Chronic intermediate or posterior uveitis (>40 years-old)	Brain MRI  Toxoplasma serology if focal retinitis
*Bilateral papillary edema	Lumbar puncture
*Intermediate uveitis (>40 years-old)	Anterior chamber tap: interleukin-10, -6
* Corticoresistant uveitis	Anterior chamber tap: cytology,  interleukins, herpes PCR, <i>M. tuberculosis</i>  PCR, universal PCR  Vitrectomy if lymphoma suspected

ACE: angiotensin-converting enzyme; BAL: bronchoalveolar lavage; CMV: cytomegalovirus;

CRP: C-reactive protein; CT: computerized tomography; ESR: erythrocyte sedimentation

rate; HLA: human leucocyte antigen; HSV: herpes simplex virus; IGRA: interferon- $\gamma$  release

assay; PCR: polymerase chain reaction; MRI: magnetic resonance imaging; VZV: varicella zoster virus.

**Table 4. Recommended investigations according to clinical and/or paraclinical features in unexplained uveitis.**

<b>Investigations</b>	<b>Indications</b>
Salivary gland biopsy	Hilar and/or mediastinal adenopathies  High ACE
Lumbar puncture	Ocular lymphoma, multiple sclerosis or suspected  Vogt-Koyanagi-Harada disease  Neurologic signs
18F-fluorodeoxyglucose PET	Unexplained uveitis (suggestive of sarcoidosis)  >50 years-old  Synechia  Hilar and/or mediastinal adenopathies
Bronchoalveolar lavage	Abnormal chest CT scan  Unexplained chronic posterior uveitis requiring  systemic treatment

ACE: angiotensin-converting enzyme; CT: computed tomography; PET: positron emission tomography