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## Progenitor mast cells and tryptase in Q fever

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**Abstract**

Q fever is an infectious disease due to *Coxiella burnetii*. Following a primary-infection, *C. burnetii* may persist in some patients, leading to endocarditis and vascular infections. Mast cells (MCs), known for their role in allergic diseases, innate immunity and cardiac function, are produced by bone marrow, circulate as progenitors in the bloodstream and reach tissues for their maturation and activation. The latter may be estimated by measuring serum tryptase levels. We wondered if MC progenitors and tryptase were affected in Q fever. We showed a decrease in MC progenitor count in Q fever patients whereas serum tryptase levels were increased. ~~Interestingly, counts MC progenitors and levels of serum tryptase were correlated in Q fever patients with valvular lesions including Q fever endocarditis.~~ Taken together, our results show alterations of MC numbers and activity in Q fever patients, suggesting that MC are involved in Q fever pathophysiology.

**Keywords:** Mast cells progenitors, tryptase, Q fever, *Coxiella burnetii*, flow cytometry

## 60 **1. Introduction**

61 Q fever is an infectious disease due to the intracellular bacterium *Coxiella burnetii*.  
62 Following primary-infection that is symptomatic in some patients, the infection may become  
63 persistent in specific contexts such as immunodeficiency, valvulopathy or vascular disease.  
64 The manifestations of persistent Q fever consist of endocarditis and vascular infections [1].  
65 The evolution of Q fever is largely determined by anti-*C. burnetii* immune response [1]. This  
66 latter consists of an inappropriate inflammatory response and decreased counts of  
67 lymphocytes [2], monocytes [3], dendritic cells [4], and plasmacytoid dendritic cells in Q  
68 fever patients [5]. It is likely that other innate immune cells including mast cells (MCs) are  
69 involved in the pathophysiology of Q fever. MCs leave the bone marrow as progenitors, pass  
70 through the bloodstream and complete their maturation in target tissues [6]. MCs are key  
71 players in both inflammatory and immune responses, in addition to their well-known role  
72 during immediate hypersensitivity reactions [7]. MCs also contribute to cardiac functions and  
73 are involved in cardiovascular diseases [8]. Mast cell progenitors may be found in the  
74 bloodstream and are identified as CD34<sup>+</sup> cells expressing CD117 (c-kit) in association with  
75 the high affinity immunoglobulin (Ig) E receptor (FcεRI) [9]. During infection, MC  
76 progenitors are recruited to infected tissues where they mature and get activated, contributing  
77 to host defense mechanisms against microorganisms [10]. The activation status of tissue MCs  
78 can be estimated by the determination of serum baseline tryptase (sbT) [11]. *C. burnetii* has a  
79 strong tropism for tissues rich in mast cells (MCs) such as adipose tissue [12], bone-marrow  
80 [13,14] or lung [15]. However, the role of MCs in Q fever is unknown.

81 We wondered if MCs are involved in the pathophysiology of Q fever. The main  
82 purpose of this study was to investigate the MC progenitor population in Q fever patients.  
83 Using flow cytometry, we report here that circulating MC progenitors were decreased  
84 whereas sbT was increased in Q fever patients compared to healthy donors. ~~We also reported~~  
85 ~~a correlation between the decrease of circulating MC progenitors and the increase in sbT in Q~~  
86 ~~fever patients with valvular disease.~~ Taken together, these results suggest a role of MCs in Q  
87 fever pathophysiology.

88

89

## 90 **2. Materials and methods**

### 91 **2.1 Patients and controls**

92 We included 23 healthy blood donors and 22 patients with Q fever. Q fever patients belonged  
93 to clinical subsets of acute (n = 10) and persistent Q fever (endocarditis group, n = 12). This  
94 study was conducted with the approval of the Ethics Committee of Aix-Marseille University  
95 and written consent of each patient. Patients consisted of 6 women and 16 men, median age  
96 63, range 35 - 89 years. Controls consisted of 11 women and 12 men, median age 41, range  
97 24 – 65 years. The diagnosis of acute and persistent Q fever was performed according to  
98 recently updated criteria [1]. Briefly, patients with acute Q fever were diagnosed by the  
99 presence of fever and/or hepatitis and/or pneumonia with serological criteria ( IgG >200 and  
100 IgM>50 against *C. burnetii* phase II or seroconversion) [1]. Persistent Q fever was diagnosed  
101 on the presence of hepatitis, endocarditis or vascular infection and IgG >800 against *C.*  
102 *burnetii* phase I. **As additional controls we included 15 patients with acute, non-Q fever,**  
103 **native valve infective endocarditis.** Patients consisted of 6 women and 9 men, median age 61,  
104 range 21 – 81 years. The diagnosis of acute infective endocarditis was performed according to  
105 modified Duke criteria [16]. Valvular surgery was performed in all patients as valvular repair  
106 or valvular replacement. A microbiological identification was obtained in all patients.  
107 *Staphylococcus aureus* and *S. lugdunensis* were found in 4 and 1 patient respectively.  
108 *Enterococcus faecalis* was found in 3 patients. *Streptococcus anginosus*, *S. mitis* and *S.*  
109 *infarius* was respectively found in 1 patient. The other microorganisms recovered were  
110 *Gemella sanguinis*, *Haemophilus influenzae*, *Escherichia coli* and *Bartonella quintana*.

111

### 112 **2.2 Cell isolation**

113 Blood was collected into EDTA tubes. Peripheral blood mononuclear cells (PBMCs) from  
114 healthy donors and patients were isolated after centrifugation through Ficoll cushion and  
115 suspended in RPMI 1640 containing 10% fetal calf serum, 100 U/ml penicillin and 100 µg/ml  
116 streptomycin (Life Technologies, Courtaboeuf, France) as previously described [3].

117

### 118 **2.3 Serum baseline tryptase quantification**

119 Serum baseline tryptase levels were measured with the immunofluorescent enzyme assay for  
120  $\alpha$ - and  $\beta$ -tryptase isoforms (ImmunoCAP, Thermo Fisher, Uppsala, Sweden).

121

### 122 **2.4 Flow cytometry**

123 Mast cell progenitors were identified by staining with anti-CD34 (Beckman Coulter, Nyon,  
124 Switzerland), anti-CD117 (c-Kit receptor, CD117-APC, Beckman Coulter) and anti-IgE  
125 (FcεRI, anti-IgE-PE, Bühlmann, Schönenbuch, Switzerland) antibodies (Abs). Cytometry  
126 experiments were performed with a Canto II flow cytometer (Becton Dickinson, Le Pont de  
127 Claix, France). Fifty thousand events were acquired and analyzed with FACS Diva software  
128 (Becton Dickinson Bioscience).

129

## 130 **2.5 Statistical analysis**

131 Results were expressed as median and range. Statistical analysis was performed using the  
132 Mann-Whitney *U* test. Adjusted *p*-values were provided in order to take into account the  
133 multiplicity of comparisons within each analysis. The Benjamini and Hochberg method was  
134 used, thus controlling the false discovery rate. Statistical significance threshold was set at  $p <$   
135 0.05.

136

137 **3. Results**

138 **3.1 Circulating MC progenitors were specifically decreased in Q fever patients**

139 The expression of CD117, surface IgE and CD34 was assessed by flow cytometry to identify  
140 MC progenitors, as previously reported [9]. We found that approximately 1% of total PBMCs  
141 were CD117<sup>+</sup>/IgE<sup>+</sup>, and 0.003 % were CD34<sup>+</sup> MC progenitors ranging from 0.001 % to 0.012  
142 % of total PBMCs (**Figure 1A**). Then we wondered if this subset of circulating cells was  
143 modulated in Q fever. We found that the percentage of MC progenitors was significantly  
144 decreased in patients with Q fever ( $p = 0.001$ ) (**Figure 1B**) whereas no differences were  
145 observed between acute and endocarditis group ( $p = 0.8836$ ) (**Figure 1C**). In addition, the  
146 percentage of MC progenitors was not altered in patients with bacterial infection other than *C.*  
147 *burnetii* ( $p = 0.1515$ ). These results showed that MC progenitors were specifically decreased  
148 in Q fever patients independently of their clinical form.

149

150 **3.2 Serum baseline tryptase was specifically increased in patient infected with *C. burnetii***

151 We therefore investigated sbT in Q fever patients. As depicted in **figure 2A**, sbT was higher  
152 in Q fever patients than in controls ( $6.18 \pm 2.87 \mu\text{g/L}$  versus  $3.77 \pm 1.85$ ,  $p = 0.0448$ ).  
153 Interestingly, compared to controls this increase is specifically found in Q fever patients  
154 because other infections did not induce modification in sbT (**Figure 2A**). In addition, no  
155 differences were observed in acute and endocarditis groups ( $p = 0.4700$ ). These results  
156 showed a specific increase of sbT in Q fever. ~~Moreover, we found a correlation between the~~  
157 ~~number of MC progenitors and sbT levels in one subgroup of Q fever patients, namely in Q~~  
158 ~~fever patients with valvular lesions including Q fever endocarditis ( $R = 0.8240$ ,  $p = 0.0034$ )~~  
159 ~~(**Figure 2B**).~~ These results suggested that this association was a marker of vascular  
160 involvement in Q fever.

161

## 162 4. Discussion

163 In this study, we measured the frequency of MC precursors in blood from healthy  
164 individuals and patients with Q fever. The identification was based on the assessment of the  
165 co-expression of IgE, CD117 and CD34. This approach is necessary because each marker is  
166 incompletely specific of MC progenitors. IgE expression identifies mostly MCs and  
167 basophils, but monocytes from atopic patients can also bear surface IgE [17]. Although  
168 CD117 is widely considered as a specific MC surface marker, it is also expressed by  
169 basophils, myeloid dendritic cells, TCR $\alpha/\beta^+$  T cells, B cells and NK cells [18]. We found that  
170 MC progenitors represent a minor population in blood from healthy individuals. This is in  
171 agreement with previous studies [6,9].

172 This study reported for the first time the decrease in circulating MC progenitors in Q fever  
173 patients. This result has to be related to previous reports in which we found a decrease in  
174 circulating lymphocytes [2], monocytes [3], dendritic cells [4] and plasmacytoid dendritic  
175 cells counts [5]. While the decrease in circulating immune cells occurred mainly in Q fever  
176 patients with endocarditis, here we did not observe differences in the number of MC  
177 progenitors between acute and persistent Q fever. Decreased numbers of progenitors might be  
178 due to impaired bone marrow production, or increased recruitment of progenitors into *C.*  
179 *burnetii*-infected tissues. It has been reported that the numbers of MC increased in tissue-  
180 specific due to the maturation of MC progenitors in human diseases [6,19]. Alternatively, the  
181 decrease in MC progenitors may be due to their death. The interleukin (IL)-10 is known to  
182 induce MC apoptosis [20] and is increased in persistent Q fever [21].

183 The second major observation was the increase in serum tryptase in patients with Q fever  
184 independently of the clinical presentation. Circulating tryptase originates mainly from mature  
185 MCs and in minute amounts from MC-committed progenitors [22]. Apart from acute MC  
186 degranulation, which was not relevant for the patients included in this study, an increase in  
187 tryptase levels has been reported in association with a poorer clinical condition or prognosis  
188 in cardiovascular diseases [23]. ~~Indeed, in our hands, the increase in tryptase levels was~~  
189 ~~correlated in Q fever patients with valvular lesions including Q endocarditis. This association~~  
190 ~~is reminiscent of the abundant presence of MCs in cardiovascular tissues. The cardiac tropism~~  
191 ~~of MC and the variation of the sbT is well documented in particular in cardiovascular diseases~~  
192 ~~such as aortic stenosis and myocardial infarction [24,25].~~

193 In summary, we show that Q fever patients display less circulating MC progenitors but  
194 higher levels of sbT. ~~The decrease in MC progenitors is correlated with sbT in Q fever~~



195 ~~patients with valvular lesions including endocarditis.~~ These results suggest MCs take part to  
196 pathophysiology of Q fever.

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200

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207

## 208 **Author contributions**

209 S.M and J.V conceived and designed the experiments. S.M, V.M, C.C and L.L performed  
210 experiments and analyzed the data. N.R performed statistical analysis. S.M, D.R, J.L.M and  
211 J.V wrote the paper.

212

## 213 **Declaration of interest**

214 The authors declare no competing interests.

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302

303 **Figure legend**

304

305 **Figure 1. Mast cell progenitors in Q fever disease**

306 PBMCs were recovered and analyzed by flow cytometry for the presence of MC progenitors  
307 using CD34, CD117 and IgE fluorescent markers. (A) Representative graph of percentage of  
308 cells expressing CD117, IgE and CD34. (B) The percentage of MC progenitors in PBMCs  
309 from healthy donors and Q fever (C) acute or endocarditis patients is shown. The  
310 nonparametric Mann-Whitney *U* test was used to compare control and patient groups.  
311 Horizontal bar, median value.

312

313 **Figure 2. Serum basal tryptase in Q fever disease**

314 (A) The serum basal tryptase of Q fever patients was assessed in comparison to control and  
315 other infections groups.



A.

