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1 **Seasonal and plant-part isotopic and biochemical variation in *Posidonia oceanica***

2

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12 **Abstract:**

13 *Posidonia oceanica* is an iconic and highly productive Mediterranean seagrass. As most
14 studies have focused on the fate of its production, temporal and plant part-specific variations
15 of isotopic composition and biochemical content were overlooked. Combined seasonal and
16 plant-part stable isotope composition and biochemical concentrations were measured at the
17 lower depth limit of a *P. oceanica* meadow (~ 25 meter depth), and explained on the basis of
18 previous knowledge of the specific metabolic functioning of each part. The predominance of
19 compounds with complex chemical structure was reflected by the high concentrations of
20 insoluble carbohydrates, high C/N ratios and high $\delta^{13}\text{C}$ values. Plant parts clustered in 3
21 groups with similar isotopic or biochemical features and metabolism: rhizomes and juvenile
22 leaves, intermediate and adult leaves, senescent and drifting leaves. This result agrees with the
23 vegetative phenology of the plant. The biochemical composition and the isotopic composition
24 of the plant parts were consistent with previous knowledge regarding the photosynthetic
25 activity and its seasonal variation. Correlations were found between N-linked descriptors
26 ($\delta^{15}\text{N}$ and protein content), and between $\delta^{13}\text{C}$ and insoluble carbohydrate concentration.
27 Epibiont values differed considerably from those of the leaf, as this community is
28 taxonomically diverse and seasonally variable. Biochemical and isotopic composition
29 measured confirmed that the current complex metabolism of *P. oceanica* results from
30 adaptations to the specific features of life in a marine oligotrophic environment.

31 **Keywords:** *Posidonia oceanica*; Mediterranean Sea; stable isotopes; biochemical
32 composition.

33 **Introduction**

34 Seagrasses are emblematic marine primary producers, widely distributed in the global ocean,
35 fulfilling important ecological and economic functions, and are strongly affected by human
36 activities (Cambridge & McComb 1984; Bell & Pollard 1989; Short & Wyllie-Echeverria
37 2000; Heck Jr., Hays & Orth 2003; Boudouresque *et al.* 2009; Waycott *et al.* 2009; Coles,
38 Grech & McKenzie 2013; Ourgaud *et al.* 2015). In the Mediterranean Sea, five seagrass
39 species can be found, with *Posidonia oceanica* (Linnaeus) Delile being the most common in
40 open sea. *Posidonia oceanica* is an iconic species of the Mediterranean coasts, mostly due to
41 its endemism and the numerous ecosystemic functions it fulfills (Bell & Harmelin-Vivien
42 1982; Harmelin-Vivien, Harmelin & Lebourleux 1995; Jiménez *et al.* 1996; Mateo *et al.*
43 1997; Boudouresque *et al.* 2012, 2014; Pergent *et al.* 2012). *P. oceanica* meadows are
44 included in the group of low nutrients/high chlorophyll ecosystems (Boudouresque *et al.*
45 2014), being some of the most productive ecosystems of the planet despite the oligotrophic
46 nature of the Mediterranean Sea. Annual net primary production can reach 1 500 g dry mass
47 m⁻² a⁻¹ for leaves and 900 g dry mass m⁻² a⁻¹ for the epibiotic community in shallow meadows
48 (Libes *et al.* 1983; Pergent-Martini *et al.* 1994; Cebrià *et al.* 1997; Cebrià & Duarte 2001;
49 Romero 2004; Vela *et al.* 2006). Analysis of the biochemical concentrations in plant part
50 types enabled the resolution of this paradox through the identification of fluxes of nutrients
51 and organic matter from the environment and within *P. oceanica* part types. It revealed
52 several physiological adaptations that enable *P. oceanica* meadows to efficiently uptake
53 nutrients from the environment, to store excess production in dedicated tissues and to recycle
54 organic compounds from senescent leaves (Augier *et al.* 1982; Pirc 1989; Pirc &
55 Wollenweber 1988; Alcoverro *et al.* 2000, 2001; Lepoint, *et al.* 2000, 2002; Romero 2004;
56 Boudouresque *et al.* 2006). The seasonal and plant part-type variations of photosynthetic
57 activity were also investigated with biochemical measurements. Previous studies identify the
58 youngest leaves as the most photosynthetically active whereas the growth is reduced in older
59 ones (Alcoverro *et al.* 1998). This high primary production is also due to the juxtaposition of
60 two types of primary production, leaves and epibionts (Boudouresque *et al.*, 2006). Epibionts
61 can be considered as high nutrient/high chlorophyll in eutrophic systems (Boudouresque *et al.*
62 2014).

63 Understanding the fate of this massive production has also been the focus of numerous
64 studies, investigating notably the organization of trophic networks, organic matter (OM)
65 fluxes within the trophic networks of *P. oceanica* meadows and the actual ability of
66 invertebrates and teleosts to directly graze on leaves or epibionts. The epibiont biomass is

67 considered as an important food source for invertebrate and teleost grazers (Shepherd 1987;
68 Verlaque 1990; Havelange *et al.* 1997; Tomas *et al.* 2005; Tomas *et al.* 2006; Prado *et al.*
69 2007), whereas living leaves are poorly consumed. Less than 10 % of the leaf biomass
70 production is considered as directly grazed. The vast majority of this production is turned into
71 necromass and then (1) buried in sedimentary pools (Pergent *et al.* 1994; Pergent, Rico-
72 Raimondino & Pergent-Martini 1997; Papadimitriou *et al.* 2005; Cresson *et al.* 2012;
73 Personnic *et al.* 2014; Boudouresque *et al.* 2016), (2) integrated in complex detritus-feeder
74 pathways (Lepoint *et al.* 2006; Costa, Mazzola & Vizzini 2014; Michel *et al.* 2015), or (3)
75 exported to other marine or terrestrial ecosystems (Pergent, Rico-Raimondino & Pergent-
76 Martini 1997; Romero 2004; Colombini *et al.* 2009; Boudouresque *et al.* 2016). In contrast,
77 epibionts are classically considered as the main trophic source of grazers. The differential
78 consumption of these two adjacent primary producers is explained by their different
79 biochemical composition, that drive a differential nutritional interest for grazers (Ott & Mauer
80 1977; Shepherd 1987; Verlaque 1990; Prado, Alcoverro & Romero 2010; Prado & Heck Jr.
81 2011). The presence of structural compounds and chemical repellents makes the leaves
82 unpalatable for the vast majority of herbivores (Boudouresque *et al.* 2006; Tomas *et al.* 2006;
83 Prado *et al.* 2007; Prado *et al.* 2010). The generalized use of C and N stable isotope
84 measurement represented a major breakthrough in this field, and confirmed the preferential
85 assimilation of epibiotic biomass (Lepoint *et al.* 2004; Tomas *et al.* 2006; Fourqurean *et al.*
86 2007; Vizzini 2009; Prado *et al.* 2010). Since leaves and autotrophic epibionts use different
87 photosynthetic metabolisms, their isotopic composition is different. Measuring the isotopic
88 composition of a grazer can provide the means to determine the relative importance of leaves
89 or epibionts in their diet and to confirm the fluxes of organic matter (eg Dauby 1989).
90

91 Nevertheless, in most studies, C and N isotopic composition were measured in adult leaves
92 only, and possibly for epibionts. Adult leaves predominate in the shoot and are thus a useful
93 proxy (Scartazza *et al.* 2017), notably when the aim of the study is to assess the fate of shoot
94 production. However, some leaf-type specific functioning, metabolism and phenology may be
95 missed if only adult leaves are considered, as leaves of different ages and metabolisms coexist
96 within the same shoot (Giraud 1979; Pergent *et al.* 1989; Boudouresque *et al.* 2012). Previous
97 results have demonstrated that several biochemical, metabolic or environmental factors affect
98 the carbon isotopic ratio (hereafter referred as $\delta^{13}\text{C}$), such as growth rate, leaf thickness,
99 inorganic C concentration in water, depth, light irradiance or pH (Cooper & DeNiro 1989;
100 Lepoint *et al.* 2003; Fourqurean *et al.* 2007; Scartazza *et al.* 2017). Similarly, nitrogen

101 isotopic ratio (hereafter $\delta^{15}\text{N}$) of marine primary producers is commonly used as a proxy of
102 anthropic nitrogen releases (Costanzo *et al.* 2001; Vizzini & Mazzola 2004; Vizzini *et al.*
103 2005; Pérez *et al.* 2008; Lassauque *et al.* 2010; Vermeulen *et al.* 2011), but recent results
104 indicated that $\delta^{15}\text{N}$ could be used to track fluxes of matter within the shoot (Scartazza *et al.*
105 2017). Thus, isotopic differences between plant part types might be expected, since the
106 physiology, metabolism and environmental context of the *P. oceanica* meadow change
107 between plant-part types and seasons. To our knowledge, seasonal variation has barely been
108 investigated, and plant part type variation only once (Vizzini *et al.* 2003). In this paper, one
109 storage organ (rhizomes), and several leaf types were considered, so as to track the
110 biochemical and isotopic changes associated with creation, growth, senescence and drift of
111 leaves, and seasonal cycle of primary production. Earlier studies also demonstrated that
112 biochemical composition differed between leaves (*e. g.* Pellegrini 1971; Augier *et al.* 1982;
113 Pirc & Wollenweber 1988; Lawrence *et al.* 1989; Pirc 1989), and proposed that the
114 biochemical variations might lead to isotopic differences (Lepoint *et al.* 2003; Vizzini *et al.*
115 2003), but no study combining the two approaches has been performed so far to verify this
116 hypothesis (but see Scartazza *et al.* 2017).

117

118 Consequently, the aims of the present study were firstly to combine isotopic and biochemical
119 analyses performed on the same samples in order to document plant part type and seasonal
120 variations of those parameters in a deep *P. oceanica* meadow. Even if the photosynthetic
121 metabolism was not specifically determined in the present paper, results were analyzed in
122 relation with the literature with regard to this aspect, hypothesizing that seasonal and plant
123 part type specific variation of photosynthesis intensity and of nutrient availability might drive
124 the patterns observed.

125

126 **Material and methods**

127

128 **Sampling**

129

130 Several *Posidonia oceanica* live shoots (~5-10) were collected seasonally in March, June,
131 September and November 2012 at the lower depth limit (~ 25 meter depth) of a meadow in
132 the bay of Marseille (France, Mediterranean Sea; Fig. 1). The sampling site is located in the
133 vicinity of an artificial reef system monitored since 2010 to understand in particular what
134 organic matter fuels artificial reefs food webs (Cresson, Ruitton & Harmelin-Vivien 2014;

135 Cresson *et al.* 2019), and how artificial reefs may alter the density and lower depth limit of
136 the meadow (Astruch *et al.* 2015). In the laboratory, each shoot was separated among
137 different leaf types depending on their age following the classification of Giraud (1979):
138 juvenile (less than 5 cm long, with intact leaf tip), intermediate (more than 5 cm and without
139 basal sheath) and adult (more than 5 cm, with a basal sheath). Adult leaves were subsequently
140 divided between the basal green part without the sheath (photosynthetically active, hereafter
141 adult leaf) and the apical brown section (senescent leaf). In addition, dead *P. oceanica* leaves
142 drifting away were collected at random close to the meadow, to investigate the subsequent
143 changes in isotopic and biochemical parameters of the *P. oceanica* leaves. As dead leaves are
144 also predominant contributors of sediment necromass (e.g. 70% of leaf production is directed
145 toward sediment, Boudouresque *et al.* 2016), assessing their biochemical composition may be
146 useful to accurately assess detrital fluxes in seagrass meadows (Boudouresque *et al.* 2016).
147 All leaves were cleaned and their epibionts removed by gently scraping with a razor blade.
148 Leaf epibionts were preserved for isotopic and biochemical analyses. A small apical section
149 (~3 cm) of rhizome (belowground storage plant part) was also collected on each shoot and
150 included in the analyses, after the removal of the persistent basal leaf sheath (scales). All
151 samples were stored frozen and freeze-dried. The amount of matter needed for successful
152 replicated isotopic and biochemical analyses required the pooling of several leaves of the
153 same type collected on several shoots at each site and in each season, even if this procedure
154 precluded detection of individual variation. They were integrally used and homogenized prior
155 to analyses with a mechanical grinding mixer mill. The resulting powder was used for both
156 isotopic and biochemical analyses.

157

158 **Isotopic and biochemical analyses**

159

160 Prior to stable isotope measurement, powder resulting from leaf epibiont grinding was divided
161 into two parts. Since carbonate can represent a bias for $\delta^{13}\text{C}$ determination, one subsample
162 was acidified following classical procedure (e.g. Bosley & Wainright 1999; Jacob *et al.*
163 2005). Briefly, powder resulting from epibiont grinding was repeatedly immersed in 1% HCl
164 until no more CO_2 was released, then rinsed with deionized water and dried. The effect of
165 acidification on $\delta^{15}\text{N}$ composition is questioned but might represent a bias, thus this analysis
166 was run on the untreated subsample.

167 Stable isotope composition was determined using a continuous-flow isotope-ratio mass
168 spectrometer (Delta V Advantage, Thermo Scientific, Bremen, Germany) coupled to an

169 elemental analyzer (Flash EA1112 Thermo Scientific, Milan, Italy). Results were expressed
170 with the δ notation, where $\delta X = \left(\frac{R_{sample}}{R_{standard}} - 1 \right) \times 10^3$, with X = ^{13}C or ^{15}N and R the
171 isotopic ratio $^{13}\text{C}/^{12}\text{C}$ or $^{15}\text{N}/^{14}\text{N}$ respectively. Standards used were V-PDB for carbon, and
172 atmospheric N_2 for nitrogen. For both $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$, measurement precision is $<0.1\%$
173 (replicate measurements of internal laboratory standards, acetanilide).

174

175 Biochemical concentrations (soluble and insoluble carbohydrates and lipids) were determined
176 with spectrophotometric methods and based on replicated analyses of *P. oceanica* samples.
177 Briefly, these methods are based on the specific reactivity of the biochemical molecules with
178 reagents, and by the production of solutions of which the color intensity and light absorption
179 at a specific wavelength are proportional to the concentration. Comparison of the solution
180 absorption with values measured for calibration standards of known concentration enables the
181 determination of the solution concentration. Soluble (SC) and insoluble (IC) carbohydrates
182 concentrations were determined following the method of Dubois et al. (1956) and expressed
183 as glucose equivalent. Soluble carbohydrates were extracted from samples with distilled water
184 (100°C , 20 min) and insoluble carbohydrates from the residual solution. Lipid concentrations
185 were determined following Bligh and Dyer (1959) and were expressed as tripalmitic acid
186 equivalent. Two methods were used for protein determination. For leaf epibionts, protein
187 content was determined with the method of Lowry et al (1951), recommended as the most
188 appropriate for most marine algae (Barbarino & Lourenço 2005). Since this method is known
189 to interfere with phenolic compounds produced in high concentrations by *P. oceanica* tannin
190 cells (e. g. Cuny *et al.* 1995), it is not well-suited for leaves and rhizomes. Consequently, the
191 protein content in leaves and rhizomes was calculated from the %N, considering a conversion
192 factor between %N and protein concentration. This technique is currently being called into
193 question. Recent studies calculated a nitrogen-to-protein conversion factor lower than the
194 theoretical 6.25 value, and observed major differences between species and taxonomic groups
195 (eg Lourenço *et al.* 1998; Diniz *et al.* 2011). To our knowledge, no dedicated study has
196 investigated this conversion factor for *P. oceanica* or for any other Magnoliophyta.
197 Nevertheless, a conversion factor of 4.28 was calculated from previous results (Augier *et al.*
198 1982) as the ratio between protein concentration (calculated as the sum of the total amino-
199 acids) and %N of *P. oceanica* adult leaves collected at 30 m depth at the Port-Cros National
200 Park (~90 km east of Marseille). Prior to actual chemical analyses, several tests with
201 increasing amounts of sample were performed. The aim was to determine the most

202 appropriate mass of sample for efficient quantification, *i.e.* the amount of sample that would
203 produce a solution the absorption of which would be within the most effective range of the
204 spectrometer. The amount of matter used was dependent on the expected quantity of each
205 biochemical class in plant part-type, and was ~1 mg for carbohydrates, ~ 10 mg for lipids and
206 ~ 60 mg for proteins. All biochemical concentrations were expressed in mg g⁻¹ dry mass.
207 Finally, the inorganic matter content of the samples was determined as the ash content
208 determined by weight loss after combustion in a muffle furnace (500°C, 5 h). Due to the
209 amount of matter needed for ash content determination, only one analysis per plant part type
210 and season was performed, precluding the use of those results in statistical analyses. No ash
211 content was determined for juvenile leaves in spring and summer (as not enough juvenile
212 leaves were found in the shoots in this period), or for leaf epibionts in all seasons.

213

214 **Numerical analyses**

215

216 After checking for normality and homogeneity of variances, two-way ANOVAs, followed by
217 Student's Least Square Distance post-hoc tests when significant, were performed to assess the
218 effect of season and plant part type on stable isotope composition and biochemical content. If
219 prerequisites were not reached, non-parametric Kruskal-Wallis ANOVAs were performed.
220 The effect of acid on the $\delta^{13}\text{C}$ composition and %C of epibionts was assessed with a non-
221 parametric Mann Whitney test. Finally, PCA analyses were performed on seasonal mean
222 isotopic composition, biochemical concentrations and ash content to identify similar plant
223 parts, including or not epibionts in the analysis. All statistical analyses were performed using
224 R software with "FactoMineR" package (Lê, Josse & Husson 2008; R Core Team 2018)

225

226 **Results**

227

228 **Isotopic composition**

229 Values measured for *P. oceanica* plant parts (*i. e.* leaves and rhizomes) ranged between -
230 17.60 ± 0.13 ‰ and -13.98 ± 0.22 ‰ for $\delta^{13}\text{C}$ and between 2.77 ± 0.02 and 6.42 ± 0.23 ‰ for
231 $\delta^{15}\text{N}$ (Fig. 2). Leaf epibionts exhibited a significantly lower $\delta^{13}\text{C}$ value than leaves and
232 rhizomes (ANOVA $F_{(1,88)}=465.50$, p -value < 0.0001), but a similar $\delta^{15}\text{N}$ value (ANOVA
233 $F_{(1,83)} = 1.17$, p -value = 0.19). Juvenile leaves and rhizomes exhibited the highest annual
234 average $\delta^{15}\text{N}$ composition (4.98 ± 0.94 ‰ and 5.00 ± 0.28 ‰, respectively; Table 1). Adult

235 and intermediate leaves had similar mean $\delta^{13}\text{C}$ values ($-15.97 \pm 0.89 \text{ ‰}$ and $-15.97 \pm 1.05 \text{ ‰}$,
236 respectively). Senescent and drifting leaves exhibited rather similar mean $\delta^{15}\text{N}$ values, lower
237 than those of other parts. As expected, acidification has a significant effect on both $\delta^{13}\text{C}$
238 (Mann Whitney $Z = 4.36$, $p < 0.001$) and %C (Mann-Whitney $Z = 4.37$, $p < 0.001$) of leaf
239 epibionts (Fig. 3). Acidification resulted in a ~3-fold division of %C (15 to 18 % for untreated
240 samples, 5.4 to 6.6 % for acidified samples) and in a 7 ‰ diminution of $\delta^{13}\text{C}$ values (between
241 -15.52 to -14.77 ‰ for untreated samples, -21.52 to -20.64 ‰ for acidified samples). The
242 trend was less pronounced in spring (16.79 to 8.9 % for %C, -17.13 to -22 ‰ for $\delta^{13}\text{C}$) than in
243 other seasons.

244 Seasonal variations for the whole plant (leaf epibionts excluded) were only detected for $\delta^{15}\text{N}$,
245 with lowest values measured in winter and spring (Table 2). This trend persisted when plant
246 parts were considered separately, except for juvenile and dead drifting leaves. Juvenile leaves
247 exhibited higher $\delta^{15}\text{N}$ values in spring and summer and lower values in winter. Regarding
248 $\delta^{13}\text{C}$, seasonal variations were only detected when considering each plant part separately, with
249 no consistent pattern among them (Table S1).

250

251 **Biochemical concentrations**

252 Insoluble carbohydrates were the predominant biochemical compounds detected in leaves and
253 rhizomes, as they always represented ~20 – 30 % of the sampled dry mass (i.e. the mass of
254 insoluble carbohydrates scaled to 1 g, as expressed in Fig. 4). Soluble carbohydrates were
255 mainly detected in juvenile leaves and rhizomes, where they represented 12 and 23 % of the
256 dry mass respectively, whereas they represented less than 10 % in all other plant parts.

257 Soluble carbohydrate concentrations varied seasonally, whether considering all plant parts
258 together or separately (excluding epibionts), with maximum values in summer and autumn
259 (Table 2, Fig. 5). Percentage of carbon (%C) was the only descriptor showing no seasonal
260 variation, whether considering all plant parts together or separately, with the exception of
261 senescent leaves.

262 The lowest inorganic matter content (inferred from ash content) was measured in rhizomes
263 (~9 %), and followed an increasing trend according to the age of leaves, with less than ~16%
264 in juvenile leaves, ~21% in intermediate leaves and ~ 26% in adult leaves. The highest values
265 were found in senescent and drifting dead leaves (~35 and 40 % respectively). The percentage
266 of matter detected by the analyses (the sum of biochemical compounds as a proxy of organic

267 matter plus ash as the inorganic matter) ranged between 63 and 79 % of the total compounds
268 of plant parts, when all analyses could be performed. The other part could be attributed to the
269 non-reactive organic molecules not detected with the chemical methods used. For leaf
270 epibionts, lipids, proteins and both classes of carbohydrates represented 17 % of the total
271 biomass in all seasons but spring. Values measured in spring represented 41 % of the total
272 mass, mostly because of the high protein and insoluble carbohydrate concentrations (Fig. 5).
273 The undetermined part might be attributed to inorganic matter (mostly calcium carbonate),
274 since no ash content measurement could be performed.

275 The PCA combining isotopic composition and biochemical concentrations indicated that more
276 than 70% of the variance of data was explained by the first two axes when epibionts were
277 included (Fig. 6a), and more than 50% without the epibionts (Fig. 6b). The PCA with
278 epibionts confirmed the major difference between this community and the shoot. The higher
279 protein content of epibionts separated this group from shoot components on the horizontal
280 axis of the first PCA. The pattern observed for the shoot was nonetheless similar in both
281 analyses: juvenile and intermediate leaves and rhizomes occurred in the same zone of the
282 PCA plot (lower part of the first plot, right part of the second) due to their high and similar
283 $\delta^{15}\text{N}$ composition, and protein and soluble carbohydrate concentrations. In contrast, senescent
284 and drifting leaves occurred in the opposite part of the plots, in particular as their ash content
285 and $\delta^{13}\text{C}$ composition were higher. This analysis also offered confirmation of correlations
286 between biochemical and isotopic parameters: as expected $\delta^{15}\text{N}$ and proteins were strongly
287 correlated, but the different pattern of correlation between the two PCA may demonstrate
288 differences in drivers of N isotopic composition between leaves and epibionts. Similarly, $\delta^{13}\text{C}$
289 was always strongly correlated with insoluble carbohydrate concentration.

290

291

292 **Discussion**

293

294 **Functioning of *Posidonia oceanica* shoots and influence of the environment**

295 The first biochemical result observed in the present study is the predominance of insoluble
296 carbohydrates, consistently with previous knowledge (Table S2), according to the taxonomic
297 position (Magnoliophyta, kingdom Archaeplastida) and the terrestrial origin of *P. oceanica*
298 (Larkum & Den Hartog 1989; Waycott & Les 2000; van der Heide *et al.* 2012). Values are

299 notably higher than for some Chlorophyta (*e.g. Codium* spp., *Caulerpa* spp.) or Rhodophyta
300 species (*e.g. Gracilaria* spp.) that exhibit insoluble carbohydrate concentrations lower than
301 200 mg g⁻¹ (McDermid & Stuercke 2003, Table 3). In *P. oceanica*, the high concentrations of
302 insoluble carbohydrates might be linked to the predominance of cellulose, hemicellulose and
303 lignin, a legacy of its terrestrial origin (Ott & Mauer 1977; Vitale & Chessa 1998; Coletti *et al*
304 2013; Scartazza *et al.* 2017). These high concentrations also induce the high C/N ratios
305 usually measured in *P. oceanica* (Pirc & Wollenweber 1988; Fourqurean *et al.* 2007;
306 Scartazza *et al.* 2017). In addition, %C, lignin and cellulose do not vary seasonally in all plant
307 parts except senescent leaves and are not affected by environmental stress such as water
308 acidification (Fourqurean *et al.* 2007; Scartazza *et al.* 2017). In contrast, starch and sucrose
309 (*i.e.* soluble carbohydrates) content decreases when pH decreases (Scartazza *et al.* 2017).
310 These results confirm that the structural role of insoluble carbohydrates is a strongly
311 constrained feature and a legacy of the terrestrial origin of *P. oceanica*. In the same way, low
312 lipid content is recorded in all tissues sampled in the present and previous studies (Table S2).
313 In addition, lipids and chlorophyll may interfere during extraction through the Bligh and Dyer
314 method, leading to an overestimation of lipids (Archanaa, Moise & Suraiashkumar 2012).
315 Actual lipid values could then be even lower than the values presented here.

316 The range of $\delta^{13}\text{C}$ values measured for leaves and rhizomes was also consistent with the
317 classical trend of higher $\delta^{13}\text{C}$ values in seagrasses than in other marine primary producers.
318 Even if seagrasses are considered to use mainly a C3 photosynthetic metabolism, the
319 coexistence of intermediate C3-C4 metabolisms or of a C4-like metabolism has been widely
320 debated (Beer & Wetzel 1982; Larkum & James 1996; Beer *et al.* 2002; Touchette &
321 Burkholder 2000a; Raven, Cockell & De La Rocha 2008). In addition, the $\delta^{13}\text{C}$ values also
322 trace the predominant role of inorganic Carbon Concentrating Mechanisms (CCM). CCM are
323 mechanisms acquired by primary producers to saturate rubisco with inorganic carbon and
324 limit its photorespiration activity (Griffiths 2006; Raven *et al.* 2008). Thermodynamic
325 properties of gas diffusion in water increase the need for such mechanisms for marine
326 producers. The ability to use HCO_3^- , the predominant dissolved form of inorganic carbon in
327 marine waters, *via* the activity of surface carbonic anhydrase is considered as the predominant
328 CCM for marine producers (Giordano *et al.* 2005; Raven *et al.* 2008). For *P. oceanica*, more
329 than 50 % of the inorganic carbon used in photosynthesis is fixed by surface carbonic
330 anhydrase, one of the highest percentages measured in marine Magnoliophyta (Invers *et al.*
331 1999; Touchette & Burkholder 2000a). The presence of an aerarium, a lacunar structure that

332 runs from leaf tips down to the rhizomes and harbors a gas complex, enables *P. oceanica* to
333 integrate gaseous inorganic carbon instead of dissolved carbon (Boudouresque *et al.* 2006).
334 All these biochemical reactions are associated with isotopic discrimination (*i.e.* modification
335 of the $^{13}\text{C}/^{12}\text{C}$ ratio) and are likely to be a cause of the higher $\delta^{13}\text{C}$ values measured in
336 *P. oceanica* than in other marine benthic primary producers. The values measured in the
337 present study (-17 to -14 ‰) seem slightly lower than the classical $\delta^{13}\text{C}$ values (-15 to -5 ‰)
338 generally reported for seagrasses (Bricout *et al.* 1980; Vizzini *et al.* 2003; Lepoint *et al.* 2003;
339 Fourqurean *et al.* 2007). This discrepancy might be linked to the depth of our sampling (lower
340 limit of the meadows), while most studies are conducted in shallow meadows. Previous
341 results demonstrated that depth influences *P. oceanica* isotopic composition – the deeper the
342 meadow, the lower the $\delta^{13}\text{C}$ value – as light intensity and photosynthetic activity decrease
343 with depth (Lepoint *et al.* 2003; Fourqurean *et al.* 2007). Regarding $\delta^{15}\text{N}$, measured values
344 also range within the values previously measured. As previously stated, $\delta^{15}\text{N}$ values are
345 commonly considered as an effective proxy of anthropic contamination. In the NW
346 Mediterranean, $\delta^{15}\text{N}$ values measured for *P. oceanica* range between 2 ‰ in rather pristine
347 sites to 7 ‰ in polluted sites (Lepoint *et al.* 2000; Vizzini & Mazzola 2004; Papadimitriou *et al.*
348 *et al.* 2005; Vizzini *et al.* 2005; Tomas *et al.* 2006; Pérez *et al.* 2008; Lassauque *et al.* 2010).
349 The intermediate values measured in the present study confirmed a moderate anthropic effect
350 already detected in suspended and sedimentary organic matter pools at that site (Cresson *et al.*
351 2012).

352 **Isotopic and biochemical features: proxies of plant part-specific functioning**

353 The comparison of isotopic and biochemical analyses enabled the separation of the plant into
354 several groups with similar features, and thus potentially sharing similar functioning. The
355 separation on the basis of age is clearly apparent on the PCA plot. Juvenile leaves and
356 rhizomes share similar biochemical features, notably a high amount of soluble carbohydrates.
357 In *P. oceanica*, soluble carbohydrates are mainly stored as sucrose, a compound highly
358 synthesized during fast-growth periods (Pirc 1985, 1989; Touchette & Burkholder 2000a;
359 Alcoverro *et al.* 2001; Scartazza *et al.* 2017). Glucose and fructose also represent important
360 soluble carbohydrates but in lower concentrations (Pirc 1989; Scartazza *et al.* 2017). The
361 maximum soluble carbohydrate concentrations in summer or autumn, and in rhizomes and
362 juvenile leaves, were consistent with previous results (Pirc 1989), with the high
363 photosynthetic activity in juvenile leaves (Alcoverro *et al.* 1998) and with the storage of the
364 summer excess production of the whole shoot in the rhizomes afterwards (Alcoverro, *et al.*

2000, 2001). This is also consistent with trends observed in the rhizomes of several other seagrass species in Florida or in India (Dawes & Lawrence 1980; Pradheeba *et al.* 2011), and with the similarity between juvenile leaves and rhizomes previously detected (Pirc 1985). Low values in spring may also result from a shading effect of the abundant epibiotic community in this season, potentially explained by a massive development of brown algae (see below). The effect of epibiont cover on leaf production was considered negligible (Tomas, Turon & Romero 2005), but this work was performed in a shallow meadow (5-6 m depth) where light might be less limiting than at ~30 m depth. Interestingly, higher concentrations of structural compounds within older leaves were also observed for terrestrial oaks *Quercus pubescens* and *Q. ilex* (Damesin, Rambal & Joffre 2002). These authors also observed a link between $\delta^{13}\text{C}$ values and the use of reserve carbon compounds. This seems to demonstrate that photosynthetic activity and storage mechanisms are well-conserved within marine Magnoliophyta, another legacy of the terrestrial origin of this group. In contrast, low values of soluble carbohydrates in the rhizomes in winter and spring would reflect the use of stored carbohydrates to support the early growth of juvenile leaves (Romero 2004). Rhizomes and juvenile leaves also share similarities regarding N-linked descriptors, mainly high $\delta^{15}\text{N}$ values, high %N (and consequently high protein concentrations). The protein concentrations calculated in the present study may suffer from some limitations since they do not result from direct measurement, but were calculated on the basis of an inferred conversion factor. Since no accurate N-to-protein conversion factor is available for *P. oceanica*, using the inferred value was the most cautious solution, as an accurate but complex determination of amino acid concentrations by chromatographic methods was beyond the scope of the present study (*e.g.* Augier *et al.* 1982; Diniz *et al.* 2011; Lourenço *et al.* 2002). This value was lower than the 6.25 Atwater coefficient, consistently with results obtained on several macroalgal species and with the currently accepted view (Lourenço *et al.* 1998; Diniz *et al.* 2011). This stresses the need for dedicated analyses of the nitrogen and protein content in *P. oceanica* and for an accurate determination of N-to-protein conversion factors for Magnoliophyta. Rhizome is clearly identified as a N-storage organ and a source of amino-acids for juvenile leaves (Touchette & Burkholder 2000b; Alcoverro *et al.* 2001; Invers *et al.* 2002; Romero 2004). One study only compared isotopic composition in the different parts of *P. oceanica* and records higher $\delta^{15}\text{N}$ value in rhizomes (Vizzini *et al.* 2003). This high value could be caused by the storage of nitrogen in rhizome as asparagine, arginine or glutamine (Pirc 1985; Touchette & Burkholder 2000b; Invers, Pérez & Romero 2002; Invers *et al.* 2004). This hypothesis is further supported by the strong correlation between leaf or rhizome $\delta^{15}\text{N}$ and

399 asparagine content (Scartazza *et al.* 2017). Regarding fast-growing juvenile leaves, their high
400 $\delta^{15}\text{N}$ values can be explained by their high photosynthetic activity which increases the
401 nutrient demand and decreases the isotopic discrimination (meaning that more ^{15}N is
402 integrated), therefore contributing to an increase in the $\delta^{15}\text{N}$ value (Alcoverro *et al.* 1998). In
403 addition, the input of ^{15}N -rich amino acids such as asparagine from the rhizome would also
404 increase the $\delta^{15}\text{N}$ value. Unfortunately, the isotopic composition of juvenile leaves has never
405 been documented to date, and comparison is not possible. The seasonal trend observed here
406 (maximum $\delta^{15}\text{N}$ value in spring and summer, minimum values in winter) would nevertheless
407 be consistent with this hypothesis.

408 It is interesting to note that an opposite pattern is detected when considering adult and
409 intermediate leaves separately, or when all leaves of the shoot are considered pooled (Table 2
410 in the present study; Vizzini *et al.* 2003; Fourqurean *et al.* 2007). The predominance of adult
411 and intermediate leaves explains why their variation drives the variation observed when all
412 leaves are pooled. This discrepancy was attributed to an excess of nutrients to support
413 seagrass growth (Fourqurean *et al.* 2007), and could be linked with the decline of the
414 photosynthetic activity of the leaves with increasing age (Alcoverro *et al.* 1998), which is also
415 denoted by their lower %N. The lower $\delta^{13}\text{C}$ values measured in adult leaves would also be
416 consistent with a decline in photosynthetic activity, and thus an increase in the discrimination
417 against ^{13}C . This discrepancy between juvenile and adult leaves could confirm recent results
418 demonstrating that juvenile leaves are the best proxy to assess the current productivity of
419 seagrasses (Kim *et al.* 2014).

420 Finally, the third group comprising senescent and drifting dead leaves was characterized by
421 the predominance of insoluble carbohydrate and inorganic matter, low %N values and low
422 protein concentrations. The decrease of %N with increasing age is consistent with previous
423 studies (Pirc 1985; Lepoint *et al.* 2002) and with the internal nutrient recycling system of
424 *P. oceanica*, another legacy of its terrestrial origin. Before the fall of the old leaves, their
425 nutrient content is transferred to rhizomes to support the high nutrient demand of growing
426 tissues (Lepoint *et al.* 2000, 2002; Romero 2004; Boudouresque *et al.* 2006). As a result,
427 falling leaves mostly comprised structural compounds, the amount of which is fixed
428 throughout the leaf's life cycle, and inorganic matter. The gradual degradation of these plant
429 parts can also explain the change in their isotopic composition. Nevertheless, explaining the
430 seasonal changes of these plant parts appeared more complex since degradation and alteration
431 of biochemical and isotopic content is driven by mechanisms at play for a longer period than

432 the seasonal variation of primary production. It is also a matter of some complexity to
433 estimate the actual age and degradation stage of drifting leaves. The seasonal variation of %C
434 observed only for senescent leaves might thus be more an artifact of sampling than a real
435 pattern.

436 **Leaf epibiotic community.**

437 Using *P. oceanica* leaves as a substrate, leaf epibionts form a specific and heterogeneous
438 community with its own functioning and under the influence of several drivers, such as depth,
439 environmental conditions, grazing pressure, position along the leaf blade (e.g. basal vs.
440 apical) and leaf age (Romero 1988; Alcoverro, Duarte & Romero 1997; Lepoint *et al.* 1999;
441 Bedini, Canali & Bertuccelli 2003; Prado *et al.* 2007; Balata *et al.* 2008, 2010; Nesti, Piazzini &
442 Balata 2009; Michel *et al.* 2015). Assessing the actual species composition of this
443 heterogeneous community is complex and requires time-consuming microscopic observations
444 (Panayotidis & Boudouresque 1981; Bedini *et al.* 2003; Prado *et al.* 2007; Balata *et al.* 2008;
445 Nesti *et al.* 2009). Even if such analyses are required to fully describe the epibiotic
446 community, its isotopic and biochemical features could provide a simple tool to roughly
447 describe its composition and monitor changes over time. Biochemical concentrations
448 measured in the present study were lower than values measured for *P. oceanica*. This low
449 organic matter content is consistent with previous results, which showed that inorganic matter
450 represented 82 to 88 % of the total epibiotic biomass (Terrados & Medina Pons 2008). Even if
451 the mass of ash was not determined in the present study, the strong effect of acidification on
452 %C and $\delta^{13}\text{C}$ values similarly demonstrated the predominance of inorganic carbon in the
453 epibiotic community. Amongst the epibiotic community, bryozoans and red algal members of
454 the order Corallinales (Rhodophyta) are the two main calcified taxa (Van der Ben 1971;
455 Romero 1988; Prado *et al.* 2007; Nesti *et al.* 2009). In such a deep meadow, the epibiotic
456 community might have been mostly composed of bryozoans, since previous results
457 demonstrated their increased predominance with increasing depth and decreasing luminosity
458 (Van der Ben 1971; Lepoint *et al.* 1999; Nesti, Piazzini & Balata 2009). The protein content
459 measured is higher than values available in the literature for the epiphytic community, *i.e.* a
460 community dominated by marine primary producers, which would be consistent with the
461 predominance of epibiotic consumers. This conclusion has nevertheless to be confirmed since
462 the composition of the epiphytic community is generally not specified (*e.g.* Lawrence *et al.*
463 1989). Seasonal variations of the isotopic and biochemical features were also consistent with
464 previous knowledge of the biological successions regarding the epibiotic community. The

465 results obtained for leaf epibionts in spring were markedly different than in other seasons, as
466 denoted in particular by the distance of the spring sample from the other epibiotic samples in
467 the PCA plot (Fig. 6). The predominance of Phaeophyta (brown algae) as epiphytes in spring,
468 e.g. *Cladosiphon* Kütz., *Giraudya sphacelarioides* Derbès et Solier, *Myriactula gracilis* van
469 der Ben, *Myrionema orbiculare* J. Agardh, and *Sphacelaria cirrosa* (Roth) C. Agardh,
470 previously observed by several authors (Van der Ben 1971; Panayotidis 1979; Thélain &
471 Bedhomme 1983; Romero 1988), would be consistent with the increase in biochemical
472 concentrations, the lowest effect of acidification and the lower $\delta^{15}\text{N}$ values recorded in this
473 season. Nevertheless, the development of this algal community might have been limited at the
474 studied depth (~25 m), explaining why calcified organisms remain predominant.

475

476 Even if *P. oceanica* is a key species for the functioning of Mediterranean marine coastal
477 ecosystems, its isotopic and biochemical features have never been investigated using a
478 combined approach. In addition, few works have considered plant parts separately despite
479 their different metabolisms. Results obtained in this study provided some useful information
480 to fill this gap. The differences observed between plant part types were consistent with the
481 complex photosynthetic metabolism previously described, and appeared to be a legacy of
482 *P. oceanica*'s terrestrial origin. It gave rise to higher $\delta^{13}\text{C}$ values than those of other marine
483 primary producers, and also the presence of several structural compounds of complex
484 chemical structure, with an effect of seasonality and plant part-specific metabolism.
485 Correlations were observed between isotopic and biochemical descriptors, notably between
486 N-linked descriptors (proteins and $\delta^{15}\text{N}$). Even if not specifically investigated in the present
487 work, high photosynthetic intensity could be considered a key driver of the isotopic and
488 biochemical features of juvenile leaves, whereas lower values measured for older leaves were
489 consistent with reduced metabolic activity. These results confirmed the suitability of stable
490 isotope and biochemical analyses to serve as efficient tracers of physiological mechanisms.

491

492 **Data accessibility**

493 Raw data used for this paper are freely available online in the Seanoé digital repository at
494 <https://doi.org/10.17882/58034>

495

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507

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901 List of figures:

902

903 Fig. 1: Map of the sampling site (based on data from Andromede Océanologie (2014)). The
904 organization of a *Posidonia oceanica* shoot is represented in the lower-right panel (redrawn
905 from Boudouresque et al (2012)).

906

907 Fig. 2: Seasonal variation of isotopic values ($\delta^{13}\text{C}$ and $\delta^{15}\text{N}$, ‰, mean \pm sd) of the shoot
908 components, with colors standing for the plant part (leaf epibionts: blue, drifting dead leaves:
909 black, senescent leaves: brown, adult leaves: dark green, intermediate leaves: light green,
910 juveniles leaves: light green with black border, rhizome: orange) and symbols for season
911 (spring: diamonds, summer: triangle, autumn: circles, winter: squares). For graphic purposes,
912 the x-axis is cut between -17 and -20 ‰. For interpretation of the references to color in this
913 figure legend, the reader is referred to the online version of the paper.

914

915 Fig. 3: Effect of acidification on leaf epibionts %C (green bars, above panel) and $\delta^{13}\text{C}$ ratios
916 (blue bars, below panel). Values represented are mean \pm standard deviation. Darkest bars
917 represent values measured in acidified samples.

918

919 Fig.4: Average proportions of biochemical compounds (SC: soluble carbohydrates, IC:
920 insoluble carbohydrates) and ash content for the different components of the shoot. Ash
921 content was not determined for leaf epibionts.

922

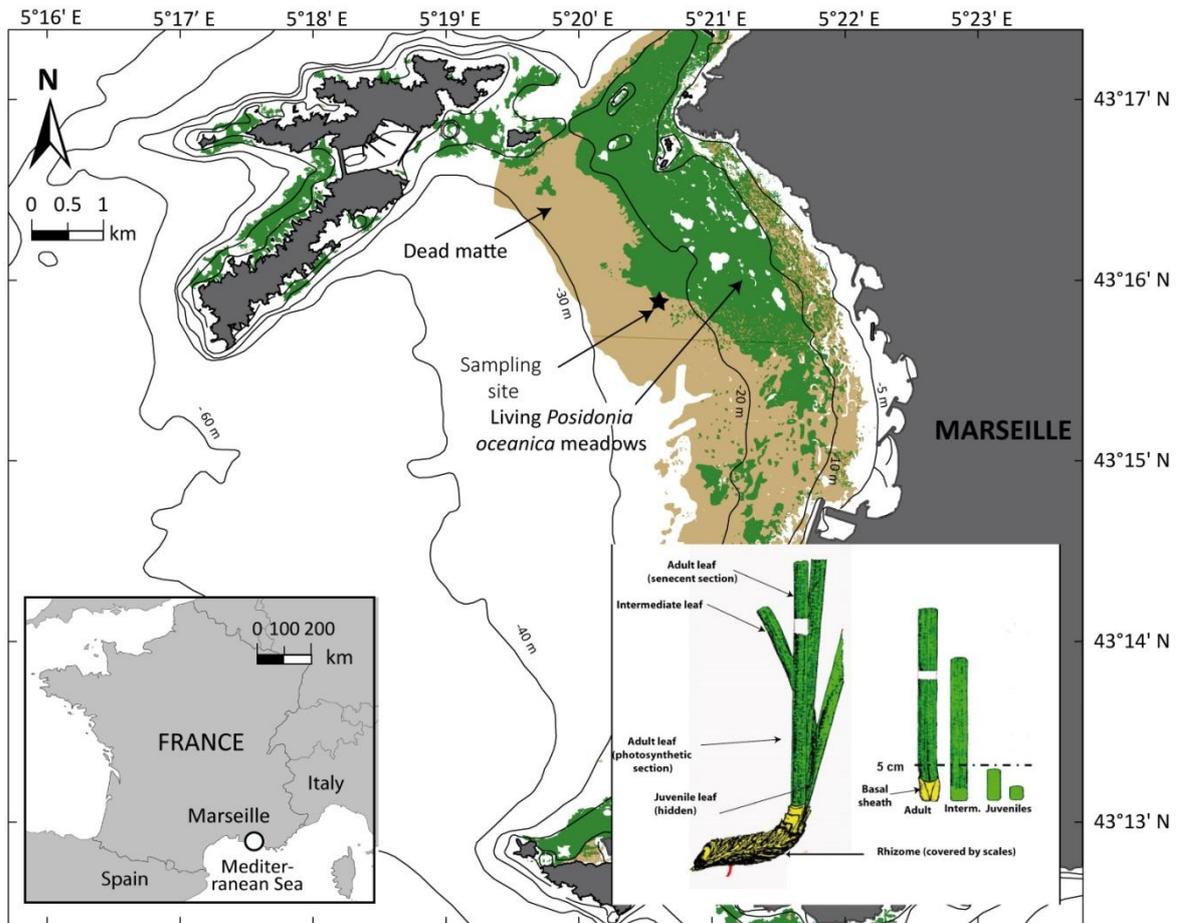
923 Fig. 5: Seasonal variation of C/N ratios and biochemical concentrations (mean \pm sd). For
924 graphic purposes, seasons (Spr: spring, Sum: Summer, Aut: Autumn, Win: Winter) and
925 biochemical compounds (SC: soluble carbohydrates, IC: insoluble carbohydrates) are
926 abbreviated. Letters above bars denote differences in post-hoc tests, bars with similar letters
927 are not significantly different (ns: no significant difference between all seasons). Parameters
928 of the statistical tests are provided in table S1.

929

930 Fig. 6: First plane of the PCA performed on mean seasonal isotopic ratios, biochemical
931 concentrations and ash content, with colors standing for the plant part (leaf epibionts: blue,
932 drifting dead leaves: black, senescent leaves: brown, adult leaves: dark green, intermediate
933 leaves: light green, juvenile leaves: light green with black border, rhizome: orange) and
934 symbols for season (spring: diamonds, summer: triangle, autumn: circles, winter: squares),

935 with (left panel) or without (right panel) epibionts. Points are referred to by the three first
936 letters of the plant part and of the season. For interpretation of the references to color in this
937 figure legend, the reader is referred to the online version of the paper. Correlation circles are
938 superimposed above each plot.

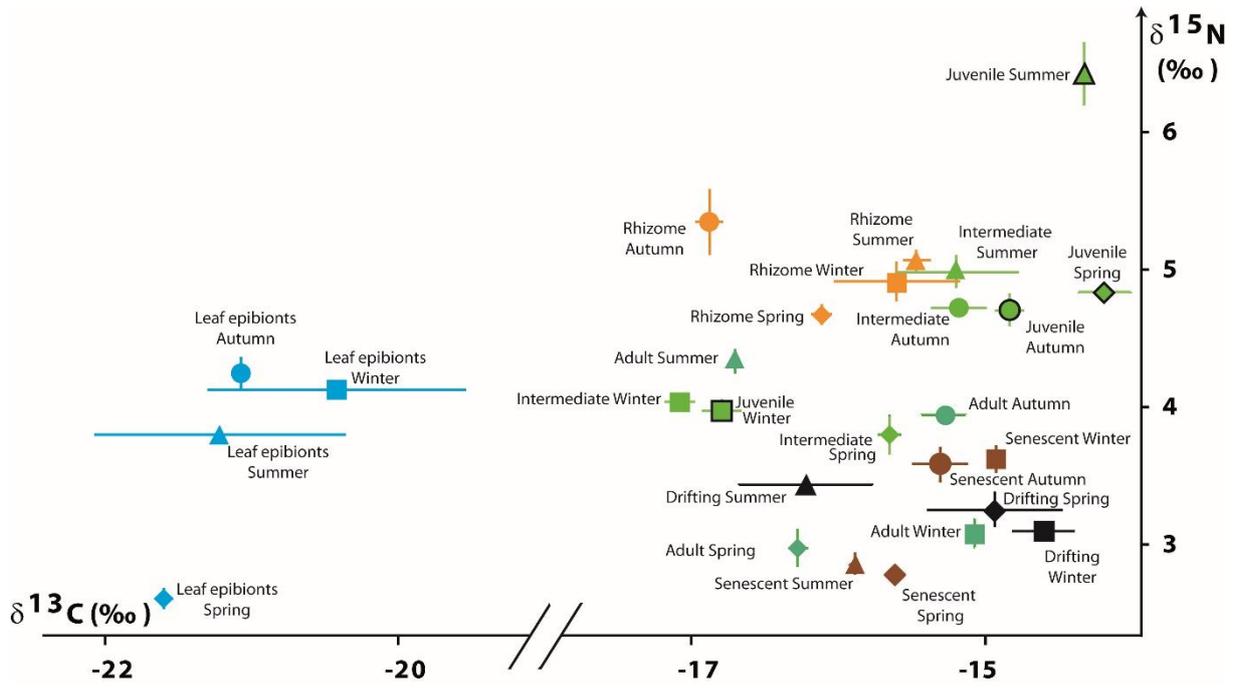
939 Fig. 1



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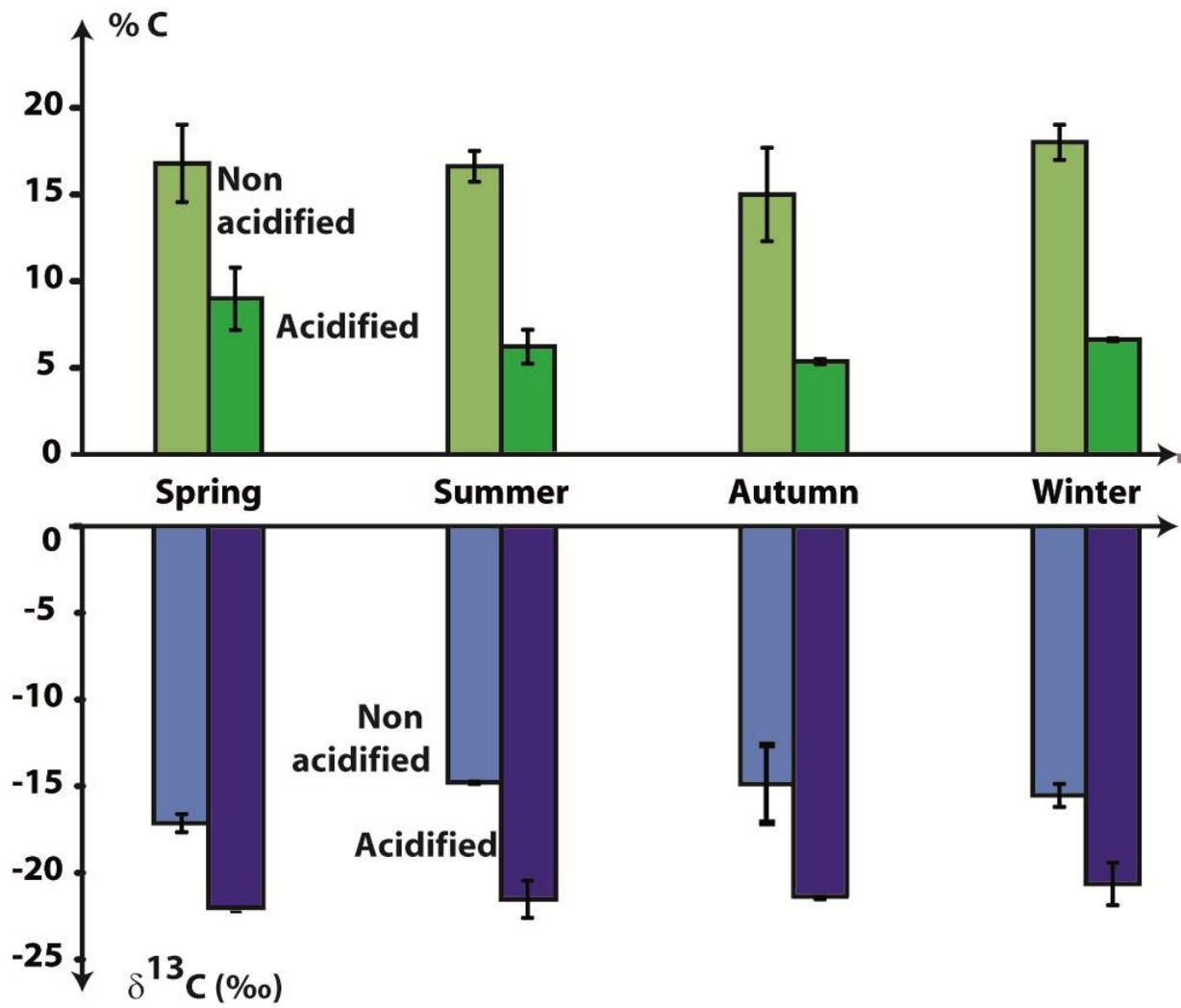
942 Fig. 2:



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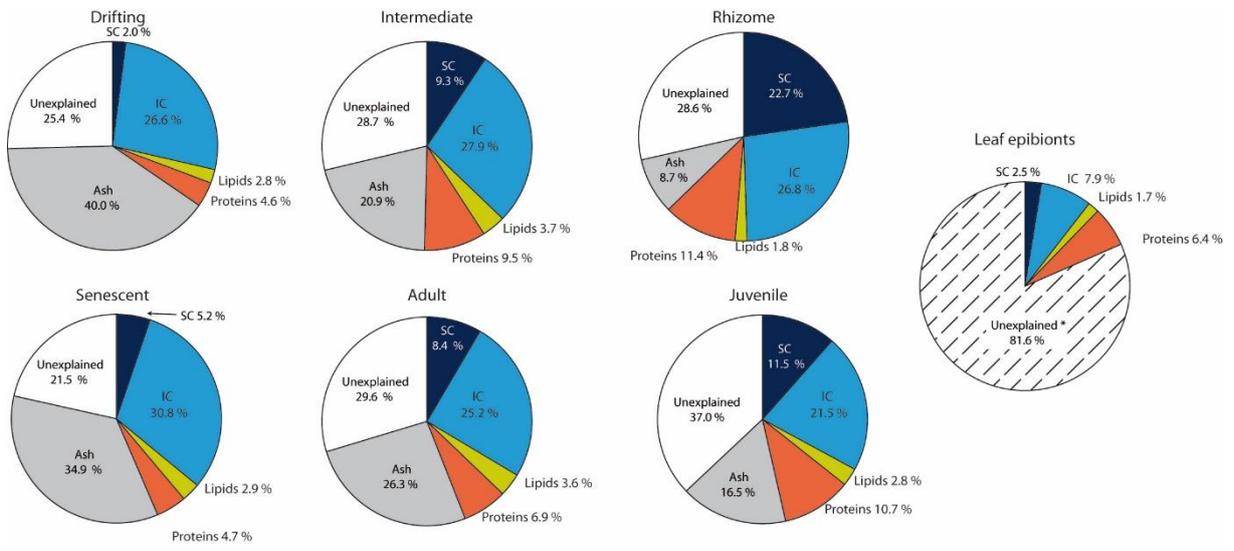
945 Fig. 3:



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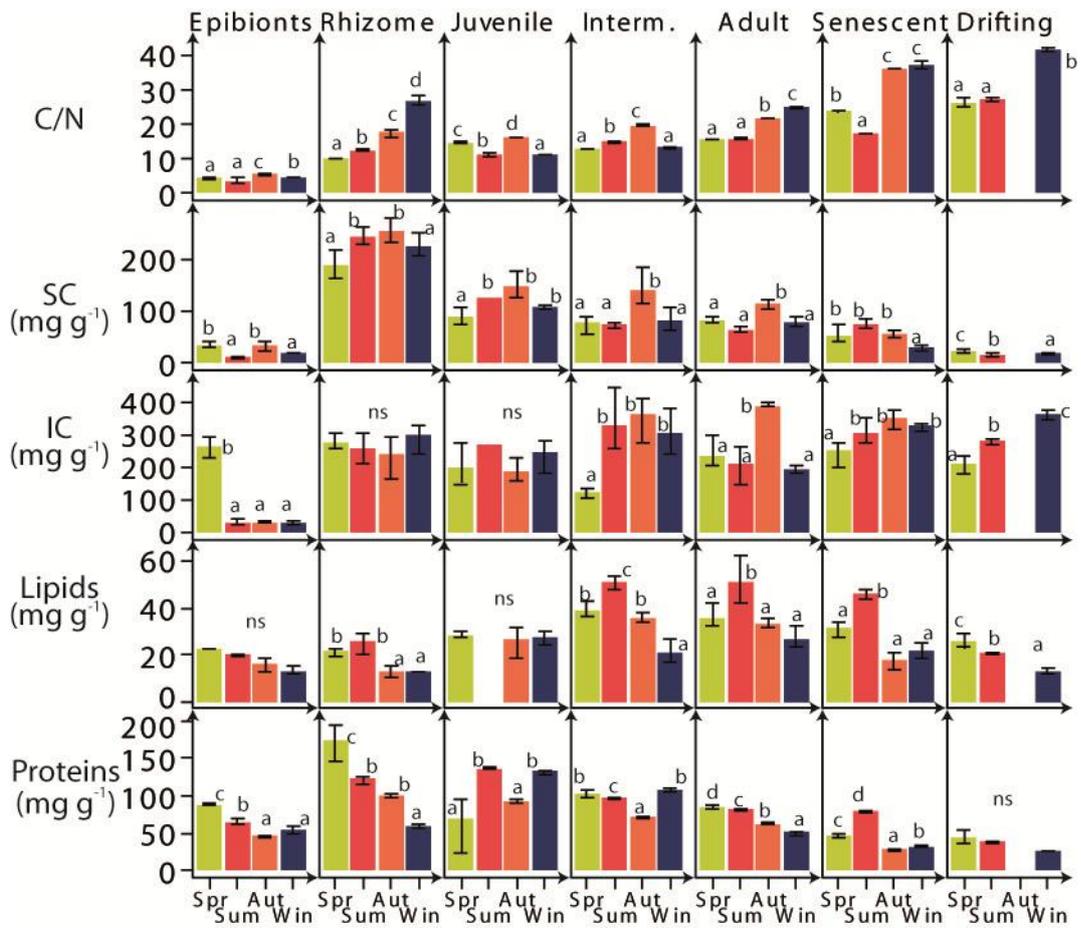
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948 Fig.4:



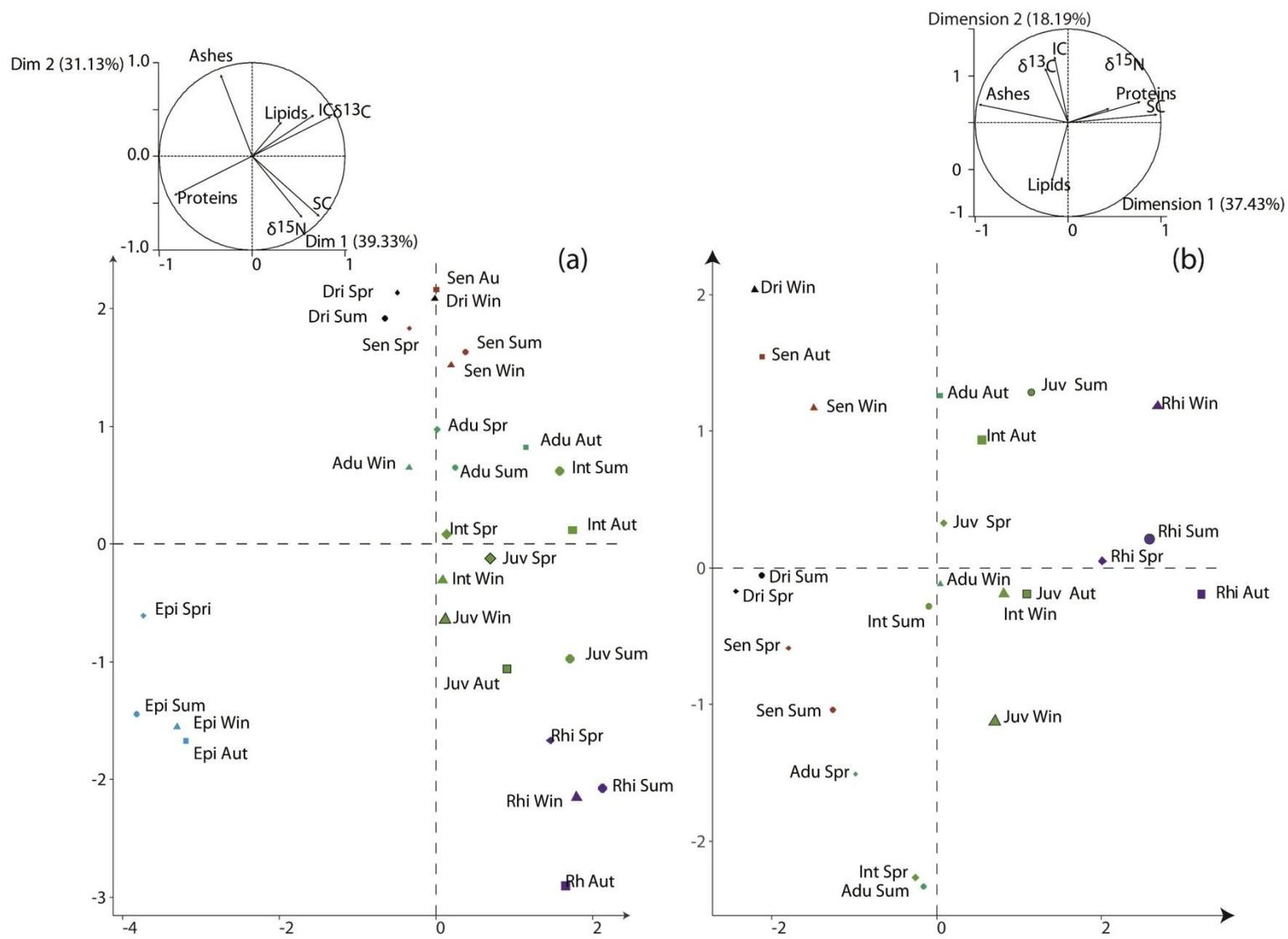
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950 Fig. 5:



951

952 **Fig. 6:**



953

954 **List of tables**

955 Table 1: Average (mean ± sd) of isotopic and biochemical parameters of different plant part types. SC: Soluble Carbohydrates, IC: insoluble
 956 carbohydrates. Sum: sum of all biochemical concentrations. “Stats” line reports the results of ANOVA mean comparison tests performed
 957 separately for each parameter (***: p-value < 0.0001), with significant differences assessed by LSD post-hoc tests marked with different letters.
 958 No statistical tests were performed on protein concentration, since it results from %N. Leaf epibionts δ¹³C and %C values were measured on
 959 acidified samples. nd: no data. Since the number of replicates is not similar for all analyses, sum of the means for each column may be slightly
 960 different from the means of the sums displayed in the two last columns. SC: soluble carbohydrates, IC: insoluble carbohydrates

	δ ¹³ C (‰)	δ ¹⁵ N (‰)	C/N	%C	%N	SC (mg g ⁻¹)	IC (mg g ⁻¹)	Lipids (mg g ⁻¹)	Proteins (mg g ⁻¹)	Ash content (mg g ⁻¹)	Explained part
Rhizome	-16.17 ^b ± 0.70	5.00 ^d ± 0.28	16.84 ^d ± 6.69	39.11 ^d ± 3.99	2.66 ^d ± 1.03	227.01 ^f ± 33.05	267.93 ^b ± 47.12	18.26 ^a ± 6.30	113.88 ± 44.10	87.11 ± 7.72	71.4 %
Juvenile	-15.04 ^c ± 1.37	4.98 ^d ± 0.94	13.41 ^d ± 2.28	32.45 ^c ± 7.80	2.51 ^d ± 0.79	114.83 ^e ± 29.62	214.56 ^b ± 56.02	27.65 ^{bc} ± 4.04	107.46 ± 33.83	165.01 ± 8.48	63.0 %
Intermediate	-15.97 ^b ± 1.05	4.38 ^c ± 0.52	15.18 ^d ± 2.82	32.75 ^c ± 1.33	2.22 ^c ± 0.33	93.46 ^d ± 35.33	278.64 ^b ± 116.70	36.68 ^d ± 11.63	94.87 ± 15.09	209.12 ± 19.90	71.3 %
Adult	-15.97 ^b ± 0.89	3.54 ^{ab} ± 0.60	19.96 ^c ± 4.16	30.67 ^c ± 1.48	1.60 ^b ± 0.36	84.24 ^c ± 19.37	251.77 ^b ± 86.83	35.86 ^d ± 11.08	68.68 ± 15.22	262.53 ± 6.75	70.3 %
Senescent	-15.54 ^{bc} ± 0.48	3.21 ^a ± 0.42	28.50 ^b ± 8.73	27.40 ^{bc} ± 3.45	1.09 ^a ± 0.50	52.04 ^b ± 19.29	308.01 ^b ± 47.87	28.95 ^c ± 11.73	46.79 ± 21.47	349.32 ± 81.68	78.5 %
Drifting	-15.22 ^c ± 0.94	3.26 ^{ab} ± 0.16	30.40 ^b ± 6.92	26.13 ^b ± 5.12	0.90 ^a ± 0.28	20.27 ^a ± 5.10	265.98 ^b ± 69.31	21.34 ^{ab} ± 6.20	38.52 ± 11.83	399.87 ± 32.57	74.6 %
Leaf epibionts	-21.27 ^a ± 0.91	3.69 ^b ± 0.68	4.62 ^a ± 0.82	8.51 ^a ± 8.28	1.88 ^b ± 1.69	25.41 ^a ± 13.15	65.23 ^a ± 88.30	17.37 ^a ± 3.96	62.08 ± 16.86	nd	10.7 % [†]
Stats	F = 88.7 ***	F = 22.4 ***	F = 42.8 ***	F = 5.8 ***	F = 20.3 ***	F = 105.9 ***	F = 11.0 ***	F = 11.0 ***	-	-	

961 [†]: cumulative results not complete, due to the impossibility to determine ash content of epibionts.

Table 2: Seasonal variation of isotopic and biochemical parameters with all plant parts pooled. Epibionts were not included in this analysis. Letter in the stats column stands for the test used (H: Non-parametric Kruskal-Wallis ANOVA, F: parametric ANOVA). Seasons are abbreviated by their first letters; SC: soluble carbohydrates, IC: insoluble carbohydrates

Parameter	Stats	p-value	Post-hoc
$\delta^{13}\text{C}$	$H_{(3,72)} = 1.06$	0.782	
$\delta^{15}\text{N}$	$F_{(3,69)} = 5.23$	0.003	Spr = Win < Sum=Aut
%C	$H_{(3,73)} = 3.63$	0.304	
%N / Proteins	$H_{(3,73)} = 5.00$	0.172	
C/N	$F_{(3,69)} = 4.94$	0.073	
SC	$H_{(3,71)} = 9.32$	0.025	Spr = Sum = Win < Aut
IC	$F_{(3,67)} = 0.28$	0.842	
Lipids	$F_{(3,66)} = 11.04$	<0.001	Win = Aut < Spr < Sum

Table 3: Comparison of ranges of biochemical concentrations observed in *Posidonia oceanica* and in different marine and terrestrial primary producers, regardless of the method used to calculate or measure the concentrations and separating calcified red algae. *: only the components of the plant are considered here (not the litter).

Taxonomic group	Lipids	Proteins	Ash	Carbohydrates	Fibers	Species	References
Phaeophyta (Stramenopiles)	8 to 324 mg g ⁻¹	40 to 150 mg g ⁻¹	179 to 350 mg g ⁻¹	60 to 123 mg g ⁻¹	371 to 560 mg g ⁻¹	<i>Dictyota</i> spp. (3 species) <i>Durvillaea antarctica</i> <i>Fucus</i> spp. (2 especies) <i>Halidryis siliquosa</i> <i>Halopteris</i> sp. <i>Himantalia elongata</i> <i>Laminaria</i> spp. (2 species) <i>Padina pavonica</i> <i>Sargassum</i> spp. (4 species) <i>Undaria pinnatifida</i>	Munda, 1962; Fleurence <i>et al.</i> , 1994; Herbreteau <i>et al.</i> , 1997; McDermid & Stuercke, 2003; Ortiz <i>et al.</i> , 2006; Dawczynski <i>et al.</i> , 2007; Schaal <i>et al.</i> , 2010; Murakami <i>et al.</i> , 2011; Shams El Din & El-Sherif, 2012
Seagrasses (Archaeplastida)	18 to 37 mg g ⁻¹	46.79 to 113.88 mg g ⁻¹	87-349 mg g ⁻¹	215 to 308 mg g ⁻¹	not measured	<i>Posidonia oceanica</i> *	Present study
Chlorophyta (Archaeplastida)	3 to 137 mg g ⁻¹	70 to 270 mg g ⁻¹	110 to 640 mg g ⁻¹	45 to 400 mg g ⁻¹	150 to 380 mg g ⁻¹	<i>Caulerpa</i> spp. (3 species) <i>Codium</i> spp. (2 species) <i>Halimeda tuna</i> <i>Flabellia petiolata</i> <i>Ulva</i> spp. (5 species)	Fleurence <i>et al.</i> , 1994; Herbreteau <i>et al.</i> , 1997; McDermid & Stuercke, 2003; Ortiz <i>et al.</i> , 2006; Shams El Din & El-Sherif, 2012
Rhodophyta (Archaeplastida)	11 to 19 mg g ⁻¹ (calcified) 6 to 33 mg g ⁻¹	69 to 309 mg g ⁻¹ (calcified) 120 to 310 mg g ⁻¹	830 to 859 mg g ⁻¹ (calcified) 14 to 26 mg g ⁻¹	50 to 500 mg g ⁻¹	186 to 467 mg g ⁻¹	<i>Chondrus crispus</i> <i>Ellisolandia elongata</i> <i>Gracilaria</i> spp. (2 species) <i>Grateloupia turuturu</i> <i>Osmundea pinnatifida</i> <i>Lithophyllum incrustans</i> <i>Mastocarpus stellatus</i> <i>Palmaria palmata</i> <i>Porphyra</i> spp. (2 species) <i>Rhodymenia ardisonnei</i>	Fleurence <i>et al.</i> , 1994; McDermid & Stuercke, 2003; Jacquin <i>et al.</i> , 2006; Dawczynski <i>et al.</i> , 2007; Denis <i>et al.</i> , 2010; Schaal <i>et al.</i> , 2010; Shams El Din & El-Sherif, 2012
Terrestrial plants,	2 to 29 mg g ⁻¹	9 to 156 mg g ⁻¹	6 to 242 mg g ⁻¹	455 to 856 mg g ⁻¹	7 to 309 mg g ⁻¹	<i>Amaranthus caudatus</i> , <i>Abelmoschus esculentus</i> ,	Rehman et al. 2014

vegetables (Archaeplastida)						<i>Brassica rapa, Lathyrus aphaca, Raphanus sativus, Solanum melongena</i>	
Cereals (Archaeplastida)	9 to 42 mg g ⁻¹	88 to 194 mg g ⁻¹	6 to 29 mg g ⁻¹	536 to 779 mg g ⁻¹	19 to 221 mg g ⁻¹	<i>Triticum aestivum</i> (hard and soft grains), <i>Hordeum volgare</i> , <i>Pennisetum glaucum</i> , <i>Secale cereale</i> , <i>Sorghum bicolor</i>	Ragae et al., (2006)