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## Advances in the Second Heart Field

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Robert G. Kelly

## Abstract

The deployment of progenitor cells from the second heart field (SHF) to the poles of the cardiac tube drives heart tube elongation during looping morphogenesis. Defects in this process underlie a spectrum of common forms of congenital heart defects (CHDs) affecting the cardiac poles, including conotruncal and atrioventricular septal defects. In this chapter recent findings will be reviewed concerning sequential steps in SHF development: the early emergence of the SHF lineage, the epithelial properties of SHF cells during heart tube elongation, and the importance of the transition zone as progenitor cells differentiate at the cardiac poles. Together these studies define critical regulatory nodes at successive stages of SHF deployment, providing new insights into mechanisms of heart development and the origins of CHD.

## Keywords

Second heart field · Cardiac progenitor cells · Heart development · Congenital heart defects · Tbx1

## 49.1 Introduction

The second heart field (SHF) contributes cardiac progenitor cells to the poles of the vertebrate heart as it elongates during looping morphogenesis [1]. This process occurs between E8 and E10.5 of mouse gestation or between weeks 3–5 of

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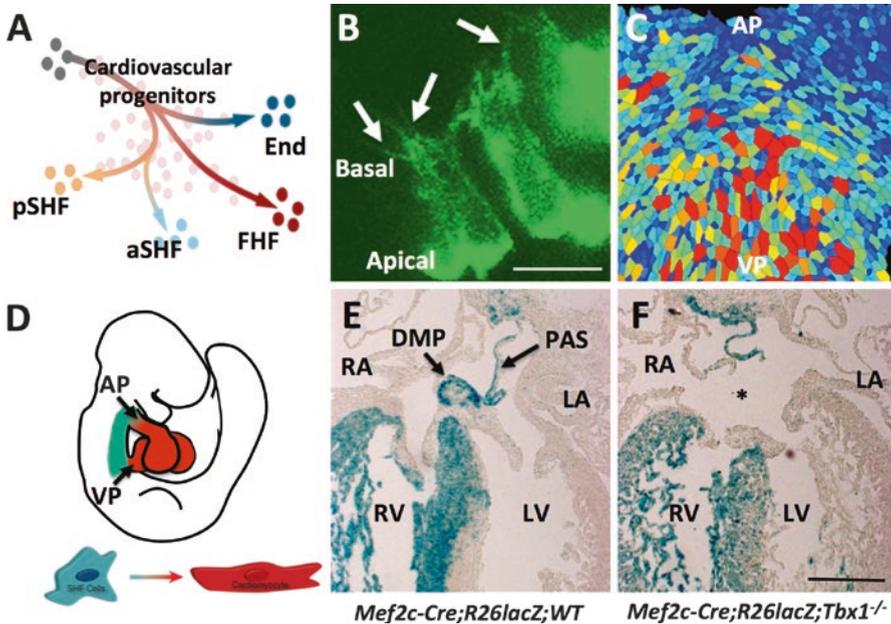
human development. The embryonic heart thus grows by a process of progenitor cell recruitment, separating proliferation of multipotent cardiac progenitor cells in the SHF from differentiated cells of the first heart field (FHF) in the early heart tube. Correct SHF deployment is essential to maximally elongate the heart tube and for subsequent alignment and septation of the future cardiac chambers [2]. Failure of SHF addition at the arterial pole results in conotruncal CHD, including ventricular septal defects, overriding aorta and tetralogy of Fallot, while defects of SHF addition at the venous pole result in primum type atrial and atrioventricular septal defects. Dissecting the mechanisms regulating SHF deployment is therefore a critical step towards understanding the origins of common forms of CHD.

In this chapter we will briefly summarize recent advances in SHF biology, focusing on three successive steps of progenitor cell deployment: (1) emergence of SHF lineages in the early mouse embryo, (2) evidence that the epithelial properties of SHF cells play an important role in controlling the progenitor cell niche during heart tube elongation, and (3) new insights into events at the cardiac poles as SHF cells transit through a transition zone to acquire a differentiated phenotype.

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## 49.2 Emergence of SHF Lineages in the Early Embryo

Clonal analyses have shown that FHF and SHF cells segregate extremely early in the developing embryo, at or before the time of gastrulation, and prior to the activation of *Mesp1*, one of the earliest transcription factors expressed in the cardiac lineage [3, 4]. Single cell RNA sequencing data of nascent precardiac mesoderm in the *Mesp1* lineage has recently revealed early segregation of anterior and posterior SHF populations, ultimately contributing to the arterial and venous poles of the heart, respectively. This study demonstrated that different cardiac progenitor cells emerge from a population of multipotent heterogeneous precardiac mesoderm, through which pseudotime trajectories to distinct emergent fates can be mapped (Fig. 49.1a) [5]. Moreover these data provide evidence of transcriptional priming of anterior and posterior SHF sub-populations, consistent with clonal analysis and vital dye labeling experiments indicating that these cells emerge from common progenitor cells in the early embryo. Progressive segregation of arterial and venous pole progenitor cells has been shown to depend on the transcription factor *Tbx1*, encoded by the major gene for 22q11.2 deletion syndrome (22q11.2DS, also known as Takao or DiGeorge Syndrome) [6]. CHDs affecting both conotruncal development and atrioventricular septation are observed in *Tbx1* null embryos and 22q11.2DS patients, consistent with a requirement for *Tbx1* in both anterior and posterior SHF sub-populations. Moreover, the SHF itself lies within a larger population of evolutionarily conserved cardiopharyngeal mesoderm giving rise to skeletal muscles of the head and neck as well as myocardium; segregation of the heart and head muscle fate within cardiopharyngeal mesoderm occurs after the segregation of FHF and SHF lineages [7].



**Fig. 49.1** Advances in the second heart field. (a) Early segregation of SHF cells in nascent cardiac mesoderm visualized by single cell gene expression analysis (adapted from [5]). (b) Actin enriched basal filopodia (arrows) in epithelial SHF cells visualized using Utrophin-GFP (adapted from [10]). (c) Segmentation of the apical surface of cells in the dorsal pericardial wall showing an increased cell size (red) and elongation in the posterior region (adapted from [15]). (d) Cartoon showing the transition zones (arrows) between proliferating progenitor cells (green) and differentiated cardiomyocytes (red) at the arterial and venous poles. (e, f) Failure of dorsal mesenchymal protrusion (DMP) development results in atrioventricular septal defects (asterisk) in *Tbx1* null hearts (adapted from [6]). *aSHF* anterior second heart field, *pSHF* posterior second heart field, *FHF* first heart field, *End* endocardium, *AP* arterial pole, *VP* venous pole, *PAS* primary atrial septum, *RA* right atrium, *LA* left atrium, *RV* right ventricle, *LV* left ventricle. Scale bars: b, 10  $\mu\text{m}$ ; e, f: 200  $\mu\text{m}$

### 49.3 Epithelial Properties of the SHF Cell Regulate the Progenitor Cell Niche

Inducible *Cre* recombinase alleles allowing genetic tracing of early differentiating cardiomyocytes (*Smooth muscle actin*) or progenitor cells (*Six2*) reveal the progressive contribution of SHF cells to the early heart tube [8, 9]. Whereas FHF cells differentiate in epithelial splanchnic mesoderm in the anterior lateral region of the embryo, SHF cells are situated in medial splanchnic mesoderm forming the dorsal pericardial wall (DPW). SHF cells also have an epithelial phenotype with a smooth apical surface with adherence and tight junctions facing the pericardial cavity [10]. In contrast to typical epithelia, the basolateral side of DPW cells is characterized by a mesenchymal-like convoluted cell membrane with actin-enriched filopodial structures (Fig. 49.1b). Confocal time-lapse

imaging of living SHF cells in thick slice culture has revealed that these filopodia are highly dynamic and contact the underlying endodermal and mesenchymal cells [10]. Phospho-Tyrosine accumulates in the basal filopodia of SHF cells, consistent with activation of intercellular signaling receptors and a potential signaling role in maintaining the progenitor cell niche. Filopodia formation is impaired in mouse embryos lacking *Tbx1*, associated with elevated levels of the apical determinant atypical PKC $\zeta$  and abnormal SHF deployment. Exposure of embryos to a physiological activator of aPKC $\zeta$  phenocopies the filopodial phenotype of *Tbx1* null embryos, reducing proliferation and enhancing differentiation in the SHF [10].

N-cadherin is also required in the SHF to maintain the progenitor cell niche. Conditional loss of N-cadherin results in elevated differentiation and reduced proliferation associated with decreased Wnt  $\beta$ -catenin signaling [11]. Non-canonical Wnt signaling also plays important roles in SHF development. In particular, loss of *Wnt5a*, expressed in splanchnic mesoderm in the posterior SHF, results in arterial pole defects similar to those observed in *Tbx1* null embryos [12]. Furthermore, *Wnt5a* has been shown to be a direct target gene of *Tbx1* in the SHF [13]. The regional expression of *Wnt5a* has been proposed to drive mesenchymal cell intercalation in the DPW, creating a pushing force promoting SHF deployment to the arterial pole [14]. Increased cell adhesion in the anterior SHF may reinforce this process by creating a pulling force, supported by misexpression experiments in transgenic mice [14] and evidence that E-cadherin accumulates in the apical membrane of cells in the anterior but not posterior SHF [10].

Ventral views of the dorsal pericardial wall epithelium have shown that cells in the posterior region are under greater epithelial tension than cells close to the arterial pole. This is observed as an increase in the cell size, cell elongation oriented towards the arterial pole and accumulation of active actomyosin complexes along the long membrane of elongated cells (Fig. 49.1c) [15]. Moreover this is associated with elevated proliferation in the posterior SHF, oriented distribution of daughter cells after cell division, and clonal growth patterns directed towards the arterial pole of the heart, likely promoting heart tube elongation. A biomechanical feedback loop between SHF deployment and tension in the DPW, driven by the process of heart tube elongation itself, may accelerate terminal stages of SHF deployment [15]. Cells in the DPW are initially attached to the heart tube along its entire length by the dorsal mesocardium. Rupture of this transient mesentery isolates the SHF from the looping heart tube with the exception of the cardiac poles. Elevated epithelial tension in the posterior SHF is observed only after addition of SHF cells is restricted to the cardiac poles and tension is dependent on heart tube elongation [15]. Interestingly, elevated nuclear accumulation of the transcriptional co-factor YAP in the posterior region of the SHF may provide a link between epithelial tension and proliferation [15]. Ongoing work aims to refine this working model by characterizing the sources of tension and the pathways by which this impacts on proliferation in the SHF.

## 49.4 SHF Cells at the Cardiac Poles Pass Through a Transition Zone

As SHF cells contribute to the cardiac poles they pass through a transition zone (TZ), or zone of commitment (Fig. 49.1d). The TZ is characterized by a cardiomyoblast phenotype, altered cell shape and actin cytoskeleton remodeling associated with sarcomere assembly and the onset of differentiation [16–18]. Cells in the TZ are distinguished by reduced *FlnA* and *Hopx* expression, the latter associated with modulating intercellular signals controlling the switch from proliferation to differentiation [17, 18]. Downregulation of the SHF transcriptional program is mediated by the cardiac transcription factor *Nkx2-5* that competes with the SHF activator *Isl1* to repress transcription at the *Fgf10* locus [19]. Similarly, binding of *Nkx2-5* to sites in the *Popdc2* gene initially bound by *Meis1* is associated with spatiotemporal progression of cells through the TZ [20]. Defects in TZ development result in failure to fully extend the outflow tract and subsequent ventriculoarterial alignment defects. For example, the planar cell polarity gene *Vangl2* controls the epithelial properties of cells in the TZ, and outflow tract alignment defects including double outlet right ventricle are observed in conditional mutant embryos [16]. At the venous pole, SHF cells give rise to the dorsal mesenchymal protrusion (DMP) contributing to the muscular base of the primary atrial septum [21]. Multiple transcription factors, including *Tbx5*, *Osr1*, *Gata*, and *Fox* factors, as well as several intercellular signaling pathways, have been implicated in DMP development [21, 22]. Defects in the development of the DMP underlie atrial primum type CHD, a class of atrioventricular septal defect. Such defects, in addition to failure of subpulmonary myocardium development at the arterial pole, are observed in *Tbx1* null hearts and constitute part of the CHD spectrum in *TBX1* haploinsufficient 22q11.2DS patients (Fig. 49.1e, f) [6, 23].

## 49.5 Future Directions and Clinical Implications

The studies discussed above identify critical regulatory nodes at successive stages of SHF deployment, providing new insights into the mechanisms of heart morphogenesis. Further analysis using dynamic approaches, single cell transcriptomic and epigenetic studies and lineage analysis will refine our understanding of these steps and generate a more complete blueprint of SHF deployment with which to dissect the origins of CHD and develop future preventive and, potentially, therapeutic approaches.

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