

## Improving quality of recycling: Action research in Martinique, a French Carribean island

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# Improving quality of recycling: Action research in Martinique, a French Carribean island

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## Martinique, an small island located the French West Indies



Two-step action-research :

- 1- Psycho-environmental diagnostic
  - Aim : identification of the determinants of recylcing

2- Evidence-based field intervention, using psychosocial engineering model

• Aims :

(1) design the most **efficient communication** to decrease recylcing errors at houselholds

(2) **Assess** of the decrease of recycling errors





## **Psycho-environmental diagnostic**

## **Online survey**

## Participants

- N = 213
- 143 female,
- $M_{\text{age}} = 47 \text{ years}$
- Representative of the territory (18 cities)

## Sections of the survey

- Section1. Knowlegde about recycling
- Section 2. Theory of Planned Behavior variables
- Section 3. Insularity context-specific related variables
- Section 4. Socio-demographic variables



La Communauté d'agglomération du Pays Nord Martinique et ses partenaires lancent une enquête permettant d'améliorer le tri et le recyclage des déchets sur le territoire.





## **Psycho-environmental diagnostic**

#### Section 1

## Knowledge

Section 2. Theory of planned behavior (Ajzen, 1991, 2005) adapted to recycling (Geiger et al, 2019)

- Attitude toward recycling
- Normative dimension of recycling
- Self-efficacy
- Controllability
- Intention to recycle
  - from **now**
  - in one month

#### Section 3.

## Insularity context-specific related variables

- Identity of small island residents as an important predictor of behavior (Nunkoo et al, 2010)
  - **environmental** identity, (Geiger et al., 2019)
  - place identity (Hernandez et al. 2020)
  - group identification (Postmes et al., 2013)
- Sense of **community** 
  - connectedness
  - perceived effectiveness of one's action (Cojuharenco, et al., 2016)





# Discussion

Construal level theory (Trope & Liberman, 2003) : Temporal distance

- temporal distance changes the way in which people see an action
- temporal distance has an influence on social distance (me *versus* others)

When the **behavior** takes place in a **proximal** future,

- > people generate more **feasibility** beliefs by thinking of **proximal** behaviors
  - ightarrow people will focus on the **how** of the behavior, and on the **feasibility**.
- → A proximal temporal distance leads the person to focus on aspects of self and on their Identity (Passafaro et al., 2016),

### When the target behavior is temporally distal

- → but more **desirability** (i.e., attitude and norm) when the behavior is **distal** 
  - $\rightarrow$  people concentrate more on the **why** of the action and on its **desirability**.
- $\rightarrow$  A distal temporal distance is associated with a distal social distance (Passafaro et al., 2016), which leads the person to focus on others





## Four communication scripts and visual supports

	Determinants of intention to recycle starting now	Determinants of intention to recycle in the coming month
1. Information-based int.	Knowledge	—
2. Identity-based int.	Self-efficacy Self-oriented environmental identity	Self-efficacy Group identification
3. Connectedness-based int.	Perceived efficacy one's action	Self-connectedness
4. TPB-based int.	Controllability	Attitude toward recycling Subjective Norm





## Four communication scripts and visual supports

#### Information-based intervention:

[...] Here's a flyer to remind you what can go into the yellow garbage can [knowledge][...]

#### Identity-based intervention:

[...] You know, people in your town are very attached to their town and to Martinique too [group identification]. A lot of them say that recycling is a good way of protecting and above all, respecting Martinique... it's important... [...] [self-oriented environmental identity and self-efficacy]

## Connectedness-based intervention:

[...] You know, there a lot of people in your town who already recycle and do it well ... And here in your quarter, it's even better ... people, at any rate your neighbors, recycle a lot and recycle very well [...] [perceived efficacy of one's action and self-connectedness]

#### TPB-based intervention:

[...] You know ... as many people say, recycling is good, but recycling well is better for you and for everyone [...] [controllability, specific attitude to recycling and subjective norm]















## **Evidence-based** field intervention







# Conclusion

### **Psycho-environmental diagnostic**

As **recycling** is a **complex** behavior, a **class** of behavior

- → Necessity to take into account the **temporality** of change
- $\rightarrow$  Determinants of recycling vary according the temporal distance

### **Evidence-based intervention**

Among the determinants of the intention to recycle identified through the psychoenvironmental diagnostic, only some of them trigger the effective recycling behavior :

- Attitude toward recycling
- Social norm
- Controllability

Specificty of recycling lies in the fact that recycling is a **private** behavior which enters the **public sphere** as soon as people leave their garbage can on the walkside Recylcing as a first step of waste management ; it represents a major issue for decision-makers, and this is even more true in small territories where waste management depends on mainland policies



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# Obrigada pela vossa atenção